

Central UMC

Has a



for missions

The Jot & Tittle

The newsletter of Central United Methodist Church

For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.

(Matthew 5:18)

August 21, 2011

Worship Services at Central
Dr. Rob Blackburn, Senior Minister

Sunday Worship Services

at 8:45 and 10:55 am

August 28

New Member Sunday

Saturdays at Six Worship

6:00 pm in the Fellowship Hall

A nursery is provided during all worship services. Sunday School classes for all ages at 9:45 am.

Sunday worship is broadcast on 1310 WISE-AM at 9:00 am.

The Sunday worship service is live on www.centralumc.org (you must have high-speed internet and Real Player).

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Prayer Partners, Parents, and Youth Summer Sit-Down is Sunday, August 28

Prayer partners, youth, and their families are invited to attend to the Summer Sit-Down on Sunday, August 28, at 5:00 pm. This evening we will show our appreciation to the Prayer Partners of the youth group this summer and let the youth members share their summer experiences.



A barbeque dinner will be served in the Fellowship Hall followed by photo presentations of Central's youth summer trips. Please RSVP by August 21 at the Reception Desk or contact Stephen Brown at (828) 253-3316.

Everyone is invited: Church-wide Picnic at Camp Tekoa on Sunday, August 21

Join us out at Camp Tekoa on Sunday, August 21, from 2:00 – 6:00 pm for our annual church-wide picnic and end of summer celebration! Come swim in the lake, enjoy the paddle boats and canoes, take a ride on the zip line, or lounge on the porch in a rocking chair and catch up with friends.

Dinner will be served at 5:00. **The church will provide fried chicken and drinks** but we need you to bring lots delicious dishes to share. Plan to bring enough dishes for your family and your friends.



Directions to Camp Tekoa (from Asheville)

- Follow I-26 East to Hendersonville, NC, Exit 49-B
- Travel Hwy. 64 West (Four Seasons Blvd) to Historic Downtown Hendersonville, then turn left on Church Street (Hwy. 225 South)
- Travel 8 blocks and turn right on Kanuga Road
- Go 5 miles and turn right on Thomas Road (Camp Tekoa's sign is on the right)
- Travel .2 miles on Thomas Road; the entrance to the camp is on the left (For more information and a map, see www.camptekoa.org. For your GPS, the address is 211 Thomas Road.)

"See what love the Father has given us,



that we should be called children of God."

1 John 3:1

Central Happenings



Congratulations to



Kirkland Ahrens and Jaclyn Miano who were married on July 23 in Wake Forest, NC.

Kirkland is the son of Diane and Joe Souther.

Roy and Virginia Scott who celebrated their 66th wedding anniversary on August 13.

Mark Your Calendar...

**Wonderful Wednesday Kick-Off Block Party: September 7
at 5:00 pm on Church Street, BBQ & Blue Grass**

Fall Festival: Sunday, October 23

You're invited to Special Wednesday Nights

There are the two remaining Special Wednesday Nights on August 24 and 31 in the Fellowship Hall. Dinner will be served at 5:00 pm at a cost of \$7 which includes entre and salad bar. Please call 253-3316 to make your reservation. The program will begin at 6:00 pm. For more information call Maureen Carr at 253-3316 or 277-7065. Everyone is welcome to come enjoy a meal, good fellowship, and interesting programs:

August 24: Cheryl Wallen, RN "Heart Disease—Some Differences Between Men and Women"

August 31: Ginger Haselden "Seasonal Sing-A-Long"

Service of Healing and Wholeness on Sunday, September 11

On Sunday, September 11, there will be a service of healing and wholeness at both the 8:45 and 10:55 am worship services. From the beginning, ministries of healing and wholeness have been an integral part of what it means to be Christian. The root of the word "healing" in New Testament Greek is *sozo*, which is the same as that of salvation and wholeness. The New Testament records that Jesus himself healed the estranged and sick and sent out his disciples on ministries of healing. James 5:14-16a calls us also to pray for and anoint the sick, that they may be healed. (from *The United Methodist Book of Worship*)

Our service on September 11 will be much the same as any given Sunday except at the end of the service will give the congregation an opportunity to be prayed for and anointed by oil by one of the pastors. This certainly is not compulsory. We hope to offer everyone an opportunity to experience the tangible presence of the healing Christ, working in and through those who minister in his name.

Jot & Tittle deadlines

August 24 is the deadline for the
September 4 issue

September 7 is the deadline for the
September 18 issue

Please mail articles and information to Anne Frick at the church, leave notices in her mail box at the Reception Desk, or email info to her at: africk@centralumc.org. All material is subject to editing.

Foods for ABCCM:

**beef stew, powdered milk, jelly
vegetable oil, canned fruit**

(ABCCM can break down larger packages if you prefer to buy items in bulk)

Bring food items to large box the Fellowship Hall to help feed the hungry in our area

2011 budget update

As of August 7 our Central congregation has given \$1,043,651 to support our ministries and the operating budget. Thank you!

(This is up \$113,206 from the same time last year.)

Learning and Growing

Saturday SONday School Class begins September 10

Join us Saturday afternoons from 4:45 to 5:45 for a study based on Steve McVey's book *Grace Walk* led by Joe and Jean Nesbitt. The class will meet weekly before the Saturdays at Six worship.

"Nothing you have ever done, nothing you could ever do, will match the incomparable joy of letting Jesus live His life through you. It is what makes the fire of passion burn so brightly in new believers. And it is what causes the light of contentment to dance in the eyes of mature believers who have learned the secret of the Grace Walk. If you know how to live it, you'll be strengthened by the depth of Steve McVey's insights. If you long for it, you can begin today!"

If you are interested in participating, please contact Jean Nesbitt 828-230-9172 jeannesbitt53@yahoo.com so a study book can be ordered for you.

Join us September 30 and October 1 to welcome back Dr. Mickey Efirm as he leads us in a study on Wisdom Literature

Wisdom Literature: In the early post exilic period of Hebrew history (ca. 500-350 BC) the religious leaders of Israel developed a more in-depth religious thought pattern which is usually designated as "wisdom." Most of this development and literature was designed to speak to the problems and issues facing the Jewish people as they struggled to reestablish themselves into the land of Judah upon their return from Babylonia.

The books of Job, Ecclesiastes, Ruth, Jonah, Esther, as well as others emerged from this period of Israel's history. In this study we shall examine these books and their historical settings as well as their religious and theological teachings.



Make your reservation now to attend this dinner and study. You can reserve your space by calling the church office at 253-3316. Dinner will be served on Friday night at 6:00 with the study to follow from 7:00-9:00 pm. Light breakfast refreshments will be served Saturday morning beginning at 8:30 am with the study to follow from 9:00-12:00.

Music Ministry

Music Programs begin soon...come join us!

If you sing or play an instrument, now is a great time to join the Music Ministry! We have a full year of graded music programs, and we're ready to begin. All groups, information, and start dates are listed below.

Wesley Singers (Adults) Practice on Tuesdays at 2:00 pm in the Choir Room. Began Tuesday, August 16. Contact Russell Nelson rnelson@centralumc.org

Chancel Choir (Adults and high school students) Practice on Wednesdays from 7:00-8:30 pm in the Choir Room. Begins Wednesday, August 24. Contact Russell Nelson

Youth Choir (Youth, grades 6-12) Practices on Sundays at 4:15 pm in the Choir Room. Begins Sunday, September 18. Contact Russell Nelson



Chancel Bells (Adults and high school students) Practices on Wednesdays at 6:00 pm in the Bell Room. Begins Wednesday, September 14. Contact Corey Powell cpowell@centralumc.org *Music reading skills required*

Brass Ensemble (Adults and youth) Practices on Thursdays at 7:00 pm in the Choir Room. Begins Thursday, September 15. Contact Suzanne Brown sbrown@centralumc.org

Cherub Choir (Children age 4 through Kindergarten—must turn age 4 by October 15) Practices on Wednesdays at 6:00 pm in Room 206. Begins Wednesday, September 14. Contact Kelli Brown Mullinix mullinixkelli@hotmail.com

Children's Choir (Children in grades 1-5) Practices on Wednesdays at 6:00 pm in the Choir Room. Begins Wednesday, September 14. Contact Russell Nelson

Prison Ministry

From illiteracy to PhD.

Gary came to prison at 19 years old. He had 60 years to serve. He is now in his 40's. He could not read or write when he came to prison. Today he holds a B.S., MA. and will soon be awarded a PhD. in Theological studies.

—Submitted by Stewart Humphrey

“There was a vast emptiness inside of me that I could not fill, a pain that would not ease. I tried in every way to fill this void. Gambling, drugs, alcohol, sex, even violence upon others, nothing worked. I only got worse till I hated myself so much that I began numerous attempts of suicide.



I was put on so much psychiatric drugs that I became a zombie who could hardly even eat and I lost weight, so much I looked like a skeleton. I was leaving the Psych ward and passing the chapel when a fellow inmate, a chaplain's clerk led me to Christ and put me on the Kairos retreat list and I finally experienced the meaning of true love, the agape love of Christ.

Not only was I fed spiritually, I was also fed physically. This is what the Lord used to bust the hardened walls I had placed around me. I still fell into various temptations but the Lord was continually working in my life in ways that I knew not. The Kairos ministry is not in vain. God uses this ministry to bring about His salvation even in the lives of the lowest of prisoners, society's outcasts.

“I thank the Lord our God for the Kairos ministry.”

Gary

Congregational Care Concerns

Should you have pastoral care needs or know of someone in the hospital, please contact Rev. Julie Wilburn Peeler at 989-9659 or Maureen Carr, our Parish Nurse, at the church 253-3316.

Cancer Care Ministry begins September 15

On Thursday, September 15, at 6:30 pm we will launch our first Cancer Care Group gathering. We hope to more fully minister to those folks in our church and community who are impacted by Cancer. The topic and speaker will be announced soon! Please continue to pray and support this ministry as we work to shape it into an unique ministry of Central UMC.

What Is a Stephen Minister?

Stephen Ministers are faithful Christians sent by God to help you through a life crisis.

They are filled with God's love and knowledge, which you will find quite priceless.

They'll walk closely with you and be your trusted friend.

Keeping everything in confidence until you're whole again.

Maybe you've lost a loved one or job on which you depend.

It could be a serious illness, and you feel you need a friend.

So you don't have to go it alone when life's challenges you must bear.

Just let them know of your need, and a Stephen Minister will be there.

—By Betty L. Delfosse



“I doubt that many Stephen Ministers will ever totally know of the impact that they have made. It reaches far beyond “just one care receiver.” It brings others to Christ also. I can't ever repay you for that, but I can pass it on. I have wanted to be involved in this ever since I knew what that one Minister could do. You've brought Stephen Ministry in part to another congregation in Wisconsin too. Thank you for caring so much for that “one lost sheep” so many years ago.”

—written by Pat Hurlbut, Stephen Leader Immanuel Lutheran Church
Brookfield, Wisconsin

Outreach

Haywood Street “Walk of Awareness” on Sunday, September 11

Join Pastor Brian Combs and members of the Haywood Street Congregation for the 3K/5K Walk of Awareness on Sunday, September 11. The Walk begins at 4:00 pm and the Celebration Dinner is at 5:30 pm. The \$25 early registration is due by September 4.



Go to www.HaywoodStreet.org to register or be a sponsor. Proceeds benefit Haywood Street Congregation Downtown Welcome Table Community Meal and other Haywood Street outreach ministries.

Needs at the Vanderbilt

Over the years, the members of Central have helped our friends and neighbors living at the Vanderbilt Apartments in downtown Asheville. The following items are currently needed:

- paper towels and toilet paper
- Kleenex
- small bottles of dishwashing soap
- small cans of juice and fruit
- low-sodium soup

If you can help, place your items in the WE CARE boxes at the Second Floor entrance (near the Fellowship Hall) and near the Reception Desk. The Vanderbilt residents are most appreciative of the gift. Thank you for your continued support. [Note: **Magazines are not needed** at the present time.]

Volunteers needed for the Habitat for Humanity Methodist build!

Sign-up to help out with the upcoming Habitat build! Volunteers are needed on the following days:



**Habitat
for Humanity®**

- Thursday, August 25: 5 volunteers needed (Install Windows)
- Thursday, September 8: 3 volunteers needed (Siding)
- Saturday, September 17: 3 volunteers needed (Porch)

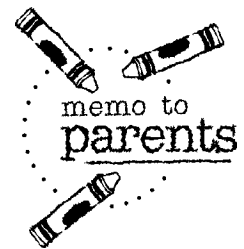
Sign-up and pick-up a waiver form at the table in the entryway out side the Fellowship Hall or contact Jessica Tripp at 253-3316.

Children's Ministry

Please attend a very important Parent Meeting!

We need all parents of children toddler age – 6th grade to join us in the Fellowship Hall at **12:15 on Sunday, August 28** for a brief (30 minute) parent meeting. We need all of you there to hear about new ministries and dates and times for many annual programs and events. We will discuss:

- Confirmation Class and Destination Unknown
- Children's Discipleship Group
- 3rd Grade Bible Sunday and new “Learning to use my Bible” class
- New Children's Church curriculum
- Rotation Sunday school and Pre-K Sunday school
- Safe Sanctuaries policies
- Special program for parents on bully proofing your child and teaching self-regulation and problem solving skills
- Re-inventing the F.I.S.H. ministry
- Fall Festival, Christmas play, and more



Child care is provided for all children. Please support our growing Children's Ministry and attend this meeting. 5

September 18 is Third Grade Bible Sunday

Join us as we celebrate the gift of God's Word and present Bibles to our Third Graders on Sunday, September 18, in the 10:55 service. **Please check to see if your third grader is listed below.** If they are not, please contact Jessica Tripp and let her know (253-3316). We will have a rehearsal for this service on Wednesday, September 14, at 5:30 pm in the Sanctuary.

More information about this special service will be given at the Parent Meeting on Sunday, August 28, at 12:15 pm in the Fellowship Hall.

Is your third grader on this list?

Colin Abernethy	Bradley Fagan	Lillian Knight	Melissa Sleater
Weston Adams	Isabella Field	Jack LaSure	Nicholas Stanier
Lily Bates	Ryan Flaherty	Cameron Lewis	Raya Strongosky
Caleb Booth	Christopher Goesten Kors	Maddie Matlick	Elle Tsiros
Lauren Bradford	Clay Grant	Jack Morris	James VanCleve
Meg Campbell	Eva Hetzel	Hannah Mosher	Klaas van de Groep
Rainey Campbell	Carlee Hill	Caroline Nunnally	Molly Wells
Meghan Ciavardone	Cooper Himan	Aidan Peele	Beau Willard
Anni Colombo	Emory Hunnicutt	Gillian Ray	Maddi Woodworth-Hayler
Justin Cooke	Anna Ikleheimer	Nate Roberson	Rebekah Wyrick
Nathan Cree	Isabella Ingle	Benjamin Scott	Mary Victoria Young
Sawyer Cumbow	Samuel Jenkins	Sarah Sessions	
Lily Dowd	Kathleen Kennerly	Nicholas Shealy	

Parents, mark your calendar...

Promotion Sunday: September 4. Children begin fall Sunday school and move to their new grade

Destination Unknown begins for 6th graders: Sunday, September 11

Children's Discipleship Group Begins: Thursday, October 6

Youth Ministry

UMYF—United Methodist Youth Fellowship for grades 7-12

Contact Stephen Brown, Youth Director, at 253-3316, 421-0340 or email Stephen@centralumc.org

Sunday, August 21 2:00-6:00 pm **Picnic at Camp Tekoa**

Sunday, August 28 5:00-7:00 pm **Summer Sit-Down**

Come meet your Prayer Partner and eat a delicious BBQ dinner with us in the Fellowship Hall. We will present picture slideshows from each trip over the summer. Bring the whole family!

Sunday, September 4 **No Youth** (Labor Day Weekend)

Sunday, September 11 **Regular Youth** starts with a Cookout and Wiffle Ball Game

Sunday, September 25 is **Youth Sunday** We need Volunteers to help with the service



Parish Nurse / Older Adult Ministry

Lipid Screening on Thursday, August 25

On Thursday, August 25, from 8:30-10:30 am, Maureen Carr, Parish Nurse performs Lipid Panel (Total Cholesterol, good and bad cholesterol, triglycerides, blood sugar) screenings in the Senior Resource Center (Room 318). You need to have been fasting 8-12 hours. No appointments are necessary. Just come and be informed of your cholesterol and blood sugar numbers.

Here are some early signs of Alzheimer's

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks
- Confusion with Time or Place, losing track of dates or seasons
- Trouble understanding visual images
- New problems with words in speaking or writing. Struggling to find the right word
- Misplacing things. Placing things in unusual places, losing items
- Withdrawal from work or social activities

—Source: Alzheimer's Association

Central's annual Health Fair is Sunday, September 25

The annual Health Fair will be held on Sunday, September 25, from 8:30 am to 12:30 pm in the Fellowship Hall. Any questions, call Maureen Carr, Parish Nurse at 253-3316.

Some of the resources this year will be:



- Flu and Pneumonia Shots
- Blood Pressure Screening
- Cholesterol and Blood Sugar Screening
- Bone Health Display
- Chronic Obstructive Pulmonary Disease Display
- Bright Star Home Care
- Literature Table

How are your blood pressure readings? Come August 28 and see

There will be a blood pressure screening on Sunday, August 28, from 9:30-10:45 am in the Senior Resource Center which is located behind the Reception Desk. Elevated blood pressure raises your heart disease risk plus can affect your eyes, and kidneys.

United Methodist Women

Asheville District UMW Annual Meeting will be August 27

The Asheville District United Methodist Women Annual Meeting will be held on Saturday, August 27, at Skyland UMC. We will begin with registration and refreshments from 9:00 to 10:00 am. At 10:00 am will have our business meeting followed by the program. All women are welcome.

UMW Western North Carolina Conference 38th Annual Meeting

The Conference Annual Meeting of the United Methodist Women is September 9-11 at Lake Junaluska. Our theme is "Jump Into Mission." Featured speaker is Sue Owens, UMW Liaison to Bethlehem Center. Mission Speaker will be Betty Swarthout, Deaconess. Mark your calendar. You can register on line. The Asheville District UMW has scholarships available for first timers. If there are any questions, call Maureen Carr at 277-7065.

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Contact africk@centralumc.org*

Sympathy

Our sympathy and prayers are with Skip Jones and his family on the death of his father in Chicago.

Honor Gifts

In honor of Roberta Rice for the Organ Fund by:
Mary Jane Edwards



Restore us,
O God Almighty;
make your face shine
upon us, that we
may be saved.

Psalm 80:7, NIV

How to contact our Central Staff (phone 828-253-3316)

Dr. Rob Blackburn, Senior Pastor
[ext.311, send email to: lhollowell@centralumc.org]
Dr. Tony Bell, Executive Pastor (Evangelism and Journey Groups)
[ext. 308, email: tbell@centralumc.org]
Rev. Julie Wilburn Peeler, Minister of Pastoral Care
[ext. 304, email: jwilburnpeeler@centralumc.org, 989-9659]
Jessica Tripp, Director of Christian Education (Missions)
[ext. 306, email: jtripp@centralumc.org]
Stephen Brown, Director of Youth Ministries
[ext. 305, email: stephen@centralumc.org]
Russell Nelson, Director of Music Ministries (Worship)
[ext. 302, email: rnelson@centralumc.org]
Burt Anderson, Haywood Street Campus Coordinator
Corey Powell, Music Associate/Organist, Director of Handbells
[ext. 303, email: cpowell@centralumc.org]
Suzanne Brown, Director of Brass; Evangelism Assistant
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Mark White, Praise and Worship Leader for Saturdays @ Six service
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Haywood Street Congregation

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Volunteer Coordinator, Shannon Spencer, 231-4169
[email: sspencer@uccasheville.org]