

Central UMC

Has a



for missions

The Jot & Tittle

The newsletter of Central United Methodist Church

For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.

(Matthew 5:18)

February 20, 2011

**Worship Services at Central
Dr. Rob Blackburn, Senior Minister**

Sunday Worship Services

at 8:45 and 10:55 am

February 27

New Member Sunday

Saturdays at Six Worship

6:00 pm in the Fellowship Hall

A nursery is provided during all worship services. Sunday School classes for all ages at 9:45 am.

Sunday worship is broadcast on 1310 WISE-AM at 9:00 am.

The Sunday worship service is also available live on the church website: www.centralumc.org (you must have high-speed internet and Real Player).

The prior week's service is telecast on Public TV Channel 20 at 11:00 am on Sunday.

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Would you be interested in a Cancer Support Group at Central ?

The diagnosis of Cancer is life changing and overwhelming. Everyone responds to the illness differently and as a church we want to be a place of prayer, support, and encouragement.

We would like to begin a Cancer Care group at Central for those individuals and/or families who have been or are affected by Cancer. I would like to form a team of leaders who would be willing to launch this group with me.

Please call Julie Wilburn Peeler at 989-9659 if you are able to help or are interested in participating in a Cancer Care group.



Join us for a study on The Gospel of Mark led by Dr. Mickey Efirm February 25 and 26

Dr. James "Mickey" Efirm is Professor Emeritus at Duke Divinity School, having taught thousands of seminarians Greek and Biblical studies. Most say Mickey is their favorite Bible teacher, combining the knowledge of a scholar with communications skills that make his teaching easy to understand.

On Friday, February 25, Dr. Efirm begins the study on the Gospel of Mark from 7:00 to 9:00 pm; the conclusion will be Saturday morning from 9:00 to 12:00. Juice, coffee, and pastries will be served Saturday morning beginning at 8:30.



"Mark's Gospel is the first of our canonical gospels to be written, and it served as the basis for two others, i. e. Luke and Matthew. Each gospel is a theological and religious interpretation of the nature and significance of Jesus of Nazareth. Mark emphasizes that Jesus is uniquely Son of God, Messiah, bringer of the Kingdom of God, wisdom teacher, healer, to list only a few of His characteristics. There is in Mark a 'secrecy motif' which causes some to be confused about what Mark intends with that emphasis. During this study we shall focus on some other items of interest, especially Mark's account of the Passion Narrative."

Dinner will be served Friday night at 6:00 pm and you will have a chance to meet and greet Mickey. Reservations are required for the dinner, but not for the study. Call 253-3316 to make a reservation.

Bring your Journey Group, Sunday School class, friends and neighbors for this opportunity to hear one of the best!



Central Happenings



Congratulations to



Charlie and Nancy David who celebrated their 58th wedding anniversary on February 14.

Everyone is invited to the Community Lunch on Monday, February 21

There will be a Community Lunch, Monday, February 21, from 11:45 am-1:00 pm at the Haywood Street Campus. The menu will be meatloaf, potatoes, green beans, coleslaw, rolls, fruit, dessert, and beverages.

Gayle Childress from Central, a story teller, will be the entertainment. Everyone is welcome.

Altar Flower calendar has some open dates

There are only a few dates still available on the Central Flower Calendar: March 13, May 20, May 27, June 26, July 24, and all of August. If you would like to place flowers in the Sanctuary on one of these dates in honor or in memory of a loved one or to celebrate a special occasion, please call Sherry Glance at 667-8729 or sstggance@gmail.com.

The cost of the flowers is approximately \$65.

Foods for ABCCM:

**self-rising flour, cornmeal, powdered milk
jelly, spaghetti sauce and pasta**

(ABCCM can break down larger packages if you prefer to buy items in bulk)

Bring food items to large box the Fellowship Hall to help feed the hungry in our area

2011 budget update

As of January 23, our Central congregation has given \$204,889 to support our ministries and the operating budget. Thank you!

(This is down \$7,648 from the same time last year.)

Memorial Gifts

In memory of Kerri O'Rourke by:
Wallace and Dixie Kirby

In memory of Elizabeth Johnson for the
Foundation Fund by:

K. Lee Wright
DX2 Geosyntex Inc.
Anne and Brad Jacoby
David B. Sutton Construction Co.

In memory of Ermengarde Hawkins for the
Organ Fund by:

Mary Jane Edwards

In memory of Lee Sechler by:

Patti and Spencer Elrod

In memory of Lee Sechler for the Music Ministry
by:

Pam Hinson

In memory of Bill Harpe for the Music Ministry
by:

Chuck and Suzanne Davis

In memory of Bill Harpe for the Building Fund by:
Roy and Virginia Scott

In memory of Bill Harpe for the Memorial Garden
by:

Dick and Laura Moore
Robert Bosch
John and Margaret Hazlehurst
Mrs. Anna Hodges
Mrs. Roy Knight
Barry and Barbara Pate
Bruce and Betty Shipley
Craig and Gail Vanderveer
Dr. and Mrs. W. P. Shattuck
The Covenant Class
Jane and Hulon Fagan
Mary Jo Harrison
Stan and Sandy Holt
Bobbie Payne
Sue Sessler
Todd and Leesa Sluder
Vol and Helen Bashears
William and Betsy Smith

Central has an AED (Automated External Defibrillator)

The AED is located on the wall near the Reception Desk. Staff have had previous training. Staff and Ushers will have Annual Training. If there are persons who are interested in being trained, contact Maureen Carr Parish Nurse at 253-3316, ext. 320.

Sunday morning shuttle planned at Central Church!

Have you ever been frustrated because you cannot find a parking spot on Sunday morning? Do you feel uncomfortable walking along the uneven sidewalks to get to church? We have heard your concern and are offering a new opportunity to help you park at church.



How it works: You may park in the Department of Social Services lot (Sears Alley, the lot on the right side of the alley) and the church minivan will pick you up and drop you off at the Sanctuary before the 8:45 worship service, Sunday School, or the 10:55 worship service. At the conclusion of the service, you will be taken back to the lot so you can safely return to your car. We hope this will help with our parking dilemma on Sunday morning.

We hope to start this ministry soon, but we need your help.

- We need 5 people who would be willing to volunteer one Sunday a month to drive the van.
- If you are interested in participating in the shuttle service, please let us know ASAP so we can gauge the need in this new ministry.

If you would like to participate in any way, please call Julie Wilburn Peeler at 989-9659 or Mack Salley at 258-2975 or you may email at jjwilburnpeeler@centralumc.org. Thanks for your support and prayers with this new ministry!

DISCIPLE II begins this Spring – Led by Dr. Tony Bell **A study of Genesis, Exodus, Luke, and Acts**

“*DISCIPLE II: Into the Word Into the World*” is a 32-week study that examines four great books in the Bible—Genesis, Exodus, Luke and Acts. Tony Bell will be leading this group experience beginning in late February and running through October or November, depending on the group and summer breaks.

If you have taken *DISCIPLE I*, you will discover that *DISCIPLE II* does not have as much reading involved. The reading will focus in on the four books listed above with eight sessions given for each book. As with any *DISCIPLE* course, a commitment to the entire journey is very important. Space will be limited to 12 persons.



This *DISCIPLE II* class will meet on Wednesday afternoons from 3:00-5:00. An exact starting date has not been set yet, but anyone interested or having questions can contact Tony Bell directly for further information, 253-3316 ext. 308 or email tbell@centralumc.org. To sign up please call or email Tony.

DISCIPLE II has the best of both worlds—it has the great Old Testament stories that we love and it covers a wonderful Gospel text (Luke) following the life of Jesus along with the beginnings of the Christian church found in the book of Acts.

Music Events at Central

- Saturday, March 5—Asheville Choral Society Spring Concert at 8:00 pm in the Sanctuary. (For tickets, call the Asheville Choral Society at 232-2060 or visit www.ashevillechoralsociety.org)
- Sunday, March 6—Asheville Choral Society Spring Concert at 4:00 pm in the Sanctuary. (For tickets, call the Asheville Choral Society at 232-2060 or visit www.ashevillechoralsociety.org)
- Sunday, March 20—The Children’s Choir will present “The Tale of the Three Trees” by Allen Pote and Tom Long. This musical portrays a story of three trees who each dreamed of becoming something great. Come, see, and hear how each of them become God’s instruments, pointing the way to heaven. The performance will be part of both morning worship services.

A Concert 4 Hope

To Benefit the Downtown Welcome Table

Mark Knollman

with

Tuxedo Junction



and
Special Guest
Christina Maxwell



Diana Wortham Theatre

Sunday March 6, 2011

4-6pm

Tickets: \$50 Main Floor ~ \$25 Upper Balcony

Tickets available through Diana Wortham Theatre

828.257.4530 or www.dwtheatre.com

Every \$50 ticket sold will feed over 50 people!

Wonderful Wednesdays

Wonderful Wednesdays offer a variety of small groups and fellowship

Dinner begins at 5:15 followed programs at 6:00. Please make your dinner reservations no later than Tuesday—or we cannot guarantee enough food. Call 253-3316 to make your dinner reservations. The meal cost is \$7 for an adult and \$4 for children 12 and under, with a \$22 family maximum. A salad bar will be available. Many spiritual growth and fellowship opportunities are available.

Getting the Love You Want

Led by: Rev. Heidi Robinson- Campbell

Based on the work of Harville Hendrix’s “Imago Relationship Theory,” The Reverend Heidi Campbell-Robinson will lead a class that is oriented toward couples who wish to enhance their relationship. She will offer the three sessions listed below.



Heidi is a certified pastoral counselor (counseling in a faith context), who offers counseling, programs, and retreats. Her organization, WaterRock Institute, is located at our Haywood Street campus. She asks that you try to participate in all three sessions.

This group will meet in Room 205. The last session is February 23 “Re-imagining: we will learn to see our partner in a new way and learn how to restore romance.”

All is Vanity: Ecclesiastes in the 21st Century

Led by: Rev. Julie Wilburn-Peeler

Is life meaningless? Nothing but smoke? Is there a purpose to the madness we experience? Where is God in all of this? Do you ever wonder? Then join us for a study of Ecclesiastes, one of the most skeptical yet engaging books of the Bible. In our study of this book we will utilize music, art, and literature to help us unpack some of the deep questions we all struggle with throughout our life. This class is a 4 week study with a workbook provided for each participant.

The group meets on Wednesday, February 23, in Room 219.

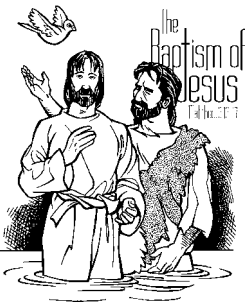
There is a time
for everything,
and a season for every
activity under heaven...



“The Singer of Stories” at Wonderful Wednesdays on March 2

Professional storyteller Donna Marie Todd, “The Singer of Stories,” will lead our Wednesday night program on March 2. She will tell the story of the baptism of Jesus (Matthew 3) and then present a story concert titled *Baptism at 2nd Creek*.

Donna Marie is the editor of *The Biblical Storyteller* magazine and a member of The Network of Biblical Storytellers. The Network of Biblical Storytellers is an international, ecumenical organization of pastors, biblical scholars, Christian Educators, storytellers and laity who are seeking to recapture the vitality and emotion of the original biblical texts by carefully studying and internalizing portions of the Bible for public presentation.



In the time of early Christianity, all the scriptures were spoken narratives for public performance. **One of the reasons Christianity grew as rapidly as it did was the public performances of the stories of Jesus. The energy and excitement about God’s son that the storyteller shared with the ancient peoples fueled their belief in Christ.**

As a biblical storyteller, Donna Marie has many biblical texts internalized. She has internalized and tells the entire books of Ruth and Esther. In addition to telling her original stories and story sermons, she also portrays biblical women such as Mary Magdalene and Mary, the Mother of Jesus. You can Google her name on YouTube to see her telling the story of the Samaritan woman, Psalm 16, and the Road to Emmaus. Visit her website to learn more about her special storytelling ministry at www.donnamarietodd.net.

A Pilgrimage through Scripture

Led by: Susan Griffin

Pilgrimage is a small group Bible study, meeting from 6:00-7:00 pm each Wonderful Wednesday. We read, question, and discuss purposefully each week, moving along as slowly or quickly as the lesson requires. We worked through the first section (chapters 1-8) of the gospel of Mark this fall, and are ready to turn with Jesus towards Jerusalem and the Cross as we continue our study this winter and spring. New members are always welcome!

Thinking about Sacrifice in the Season of Lent

Led by: Margaret Whitt

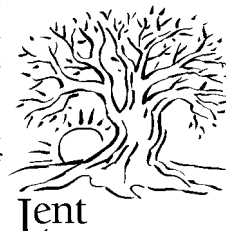
Ash Wednesday on March 9 is the start of Lent

The season of Lent is a time of preparation for Easter Sunday. For forty days—the length of time that Jesus withdrew into the wilderness—we, too, have the opportunity to embark on a season of soul searching, repentance, and reflection. The story of Easter is, at its heart, a story of sacrifice and new life. Just as Jesus used this time alone to contemplate, to pray, to fast, we can make more meaningful these holy days of the Christian year by conscientiously thinking and talking about the meaning of sacrifice.

We will look at stories of sacrifice from various literary texts and discover what and how sacrifice might mean in our own lives.

March 16 - Shel Silverstein's 1964 children's classic *The Giving Tree* is a tale for lent. Nothing about it makes sense apart from this particular season of the Christian year. It is a love story between a tree (that talks and expresses emotion) and a boy (who is at the center of his own world). The tree gives all that it has to the boy. Is this the kind of sacrifice that God offered for us?

After a brief overview of what the season of Lent is about, we will discuss the idea embedded in *The Giving Tree*. If you have the book at home, you might want to re-read it and bring it with you. If you do not have the book, that won't matter to your participation in the class. We'll begin with a reading of the story, as we see it, perhaps anew, as a story for Lent.



March 23 - We will look at excerpts from two different genres. First, a memoir by Rick Bragg, *All Over but the Shoutin'*. Award-winning journalist Bragg tells the story of his mother who “went eighteen years without a new dress so that her sons could have school clothes.” Bragg wrote the book in 1997, wanting to pay tribute to a parent who thought her life had been a failure. For our purposes, we will look at the prologue to the book.

And we will look at Carson McCullers's *Ballad of the Sad Café* (1952). In a story designed to show that while love is a joint experience, it is not necessarily a similar experience, for there is both a lover and a beloved. We will look at how McCullers's message is one of agape love and can be seen as a short novel for Lent. (Handouts will be provided at the first session.)

March 30 – Anthologized in the popular *Listening for God* series, “A Father's Story,” by Andre Dubus (1936-1999), is a short story about a 54-year-old divorced Catholic father whose deep religious faith sustains him in a family crisis. The story pushes us to think about God's sacrifice of His son and complicates that action by wondering how it might have been played out if God had a daughter. Dubus has his protagonist Luke Ripley treat his daughter differently from how he would have acted had the same incident involved a son. (This story may be downloaded for no cost at this website: <http://www.narrativemagazine.com/issues/spring-2006/father%E2%80%99s-story>)

Margaret Whitt, University of Denver English Professor Emerita, has a long history of successful teaching of 20th century American literature courses. She has also taught Literary Search for God at Iliff School of Theology in Denver, Colorado. This is her third offering for Wonderful Wednesdays at Central.



Congregational Care Concerns

Should you have pastoral care needs or know of someone in the hospital, please contact Rev. Julie Wilburn Peeler at 989-9659 or Maureen Carr, our Parish Nurse, at the church 253-3316.

During Lent, you are invited to participate in a 40 Days Experiment in the Wesleyan Means of Grace

The season of Lent begins on Ash Wednesday, March 9. It is a time of holy reflection and a time when many of us focus our attention on those “disciplines” that will help us to deepen our walk with God. John Wesley called our attention to particular ways we encounter God’s grace and he named them the “Means of Grace.”

During the season of Lent, we will intensely explore the “Means of Grace” through daily bible study, prayer, fasting, weekly gathering, and a weekend retreat. Everyone will receive a workbook with a daily devotional, a personal fasting plan. You will be expected to be present every Wednesday night to gather as a group, and participate in a weekend spiritual retreat. I also ask that the participants be present every Sunday morning for worship so we can fully explore Wesley’s Means of Grace.

If you are interested in participating, please contact Julie Wilburn Peeler (989-9659) or Jessica Tripp (253-3316) by Tuesday, March 8, so you can get started with your devotionals and fasting plan.

Join a Central UMC Prayer Group

Mondays at 10:30 in the Central Parlor

Everyone is invited (male and female!) to join our prayer group on Mondays. Your prayer requests are important to us. One of the most fascinating and uplifting things to see is the process of God’s work in response to prayer. Julie receives the prayer requests on Monday and makes a copy for the prayer groups, the ministers, and the staff.

We try to keep in touch with you as God hears the requests through our and your prayers. It is our way to walk with you and God through tough and great times in your life. We invite anyone who is able to attend to come and be with us to see the process of God answering your prayers.

One of the most daunting things about a prayer group is praying in public. Don’t let this keep you away. **You are not required to pray in front of the group.** We just want you to come and be with us and to see how just a few minutes of prayer changes people’s lives.



Thursdays at 10:30 at Givens Estates at the Chapel conference room

We invite the residents of Givens Estates and those in South Asheville to join our prayer group. We begin with a short devotional and share the requests from the worship services and lift the requests in prayer. Again, if you are not comfortable praying in public please don’t let this keep you away. We gather as one body and one voice to lift to God the needs of our congregation

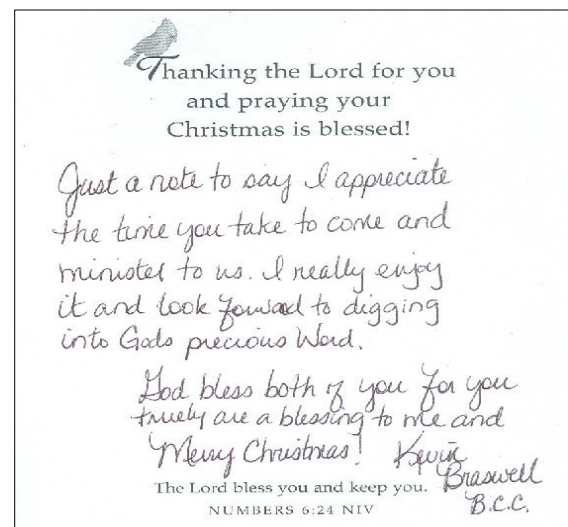
Prison Ministry

BCC sends a Christmas card of thanks

Every Thursday night, 52 weeks out of the year, Central UMC members are at Buncombe Correctional Center teaching Disciple Bible Classes. They do not take a summer or a Christmas break because the inmates do not have these breaks either. Bible study makes God work in the heart of every sinner, the teacher, and the inmate participant. We as teachers receive great blessings working with those whom Christ refers to as “the least of these My brethren.”

“In the same way, I tell you, there is rejoicing in the presence of the angels of God over one sinner who repents.”

(Luke 15:10)



Kairos is an International Christian Prison Ministry

The people of Kairos are called by God to share the love of Christ with those impacted by incarceration. Kairos encourages believers from a variety of Christian traditions to be volunteers in this Christ-filled ministry.

Kairos Inside programs currently operate in 350 prisons in 31 states in the U. S. and 8 additional countries: United Kingdom, Australia, South Africa, Costa Rica, Honduras, Nicaragua, Peru, and Canada. More than 170,000 incarcerated men and women have been introduced to Kairos, since its inception. The current number of volunteers exceeds 20,000 per year.

We are soliciting members to participate on the Kairos MCI # 6 weekend to be held May 19 thru 22, 2011, at Marion Correctional Institute (a close security prison) in Marion, NC. Our first team meeting is scheduled for Saturday, March 19, at the Rutherfordton Presbyterian Church. Other meetings will be held at Central UMC in Asheville and Glenwood Baptist Church in Marion.



Mr. Robert K. Martelle will be the Kairos MCI #6 leader and John Klees of Central will be the Advisory leader. On any given Kairos program you may find our guests (inmates) to be of the Christian, Jewish, Muslim, Hindu, Atheist, Wiccan, non-specified or other beliefs. We need 42 team members volunteering to welcome 42 guests at our Kairos MCI #6 weekend.

Are you interested to follow Jesus' call "*I was in prison, and ye came unto Me.*" and share Christ's love with the incarcerated? If so email rob.Martelle@gmail.com. You can also ask John Klees or Jessica Tripp for a team application form.

"Verily I say unto you, inasmuch as ye have done it unto one of the least of these My brethren, ye have done it unto Me." (Matt. 25:40)

Your reward will be stored in heaven!

—John Klees

Children's Ministry

Register now for Camp Tekoa June 27- July 1

The Central van will head to Tekoa June 27- July 1 carrying day campers to and from camp. You must register directly with Tekoa at www.camptekoa.org or call (828) 692-6516 if your child is planning to attend camp.

Once you have registered with Tekoa please call Jessica Tripp if you would like your child to ride in the church van. The vans fill up fast and can only carry 20 children. **Call Central to reserve your child's seat on the van as soon as you register.**

Confirmation Class Retreat is March 25-26

Central's Confirmation class will join other confirmands from across the southeast for weekend of spiritual growth and fun at Lake Junaluska, March 25-26. Confirmands and mentors are invited to attend the Ash Wednesday service together. This service will be held on March 9 at 6:15 in the Sanctuary.

The Spring Festival is coming and we need CANDY

Join us at Long Meadow Park in The Ramble for another fun-filled event as we celebrate the gift of Easter. This year the Spring Festival will be held on Saturday, April 23 from 11 am – 2:00 pm. We will enjoy a day of Easter egg hunting, outdoor activities, giant inflatables (including a new 21 foot slide!), pictures with the Easter Bunny, and more.

We will sell delicious BBQ plates for \$8 each with the proceeds benefiting our Dominican Mission team's medical efforts with Haitian refugees and prisoners in the DR. Musical guests include the Sons of Ralph and other musical acts within our congregation.

Invite your friends and neighbors, bring a lawn chair or blanket, and enjoy a day of fun in the sun with great food, music, children's activities, and more.

We need candy for the Easter Eggs! Please bring your donation by the church office.

Come to “Hometown Nazareth” at Vacation Bible School June 20-24

**Our VBS ministry has more than doubled in size over the last two years
and we need LOTS OF VOLUNTEERS for this energized and exciting week!**

Join us as we journey to Nazareth and experience a week in the life of Jesus in his childhood home. Visit the Nazareth shops where you’ll make wooden toys, create your own olive oil, build a tzedakah box, make carved ceramic jewelry, design felted-wool soap and more. Visit the childhood home of Jesus and hear Mary tell family stories of Jesus’ birth, miracles and growing ministry.

To volunteer your time to this ministry please contact Jessica Tripp. Volunteers are needed for: craft workshops, drama team, recreation, snacks, tribe leaders and shepherds, supply coordinators and set-up crew (works the week before VBS). Please lend a hand to this growing ministry!

Youth Ministry

UMYF—United Methodist Youth Fellowship for grades 7-12

Contact Stephen Brown, Youth Director, at 253-3316, 421-0340 or email Stephen@centralumc.org

Central’s Youth Group meets on Sundays from 5:00 to 7:00 pm.
Contact Stephen for details.



Upcoming 2011 Dates

Senior High Missions to Washington D.C. June 19 - 25

Wilderness Trail July 17 - 24

Middle School Missions to North Georgia July 31 – August 5

Outreach

Follow the February Mission Trip to Bolivia online

Members of Central UMC, lead by Senior Pastor Rob Blackburn and Youth Minister Stephen Brown, will be traveling to Bolivia February 17-27 so they may volunteer their talents and labor in support of the Kory Wawanaca Children’s Home. The journey will include working with the main orphanage in Tacachia and the new home that is located in Ovejuna (La Paz).

At www.kwchildren.org or www.facebook.com/kwchildren you can read updates, view photos and videos, and follow the adventures of our mission team online.

“And whoever welcomes a child like this in my name welcomes me.” (Matthew 18:5)

Join us Sunday, March 6, for a special “Something Extra” Sunday to hear how you can help END homelessness in Asheville

Why aren’t you homeless? Chances are someone’s invested in you along the way. In a new program at Homeward Bound, we have an opportunity to provide that same investment to people who haven’t had it and who’ve ended up homeless as a result. On March 6, we’ll be hearing from Homeward Bound about HOPE to HOME, a program that pairs teams of volunteers from congregations with people who’ve been homeless as they move into housing.

HOPE to HOME is a great opportunity to dig in deeper in loving our homeless neighbors as ourselves! If you’re interested in serving our city through this project, please plan to join us in the Fellowship Hall on March 6 at 10:00 am to learn more about how you can get involved in ending homelessness in Asheville.

F.I.S.H. (Families In Service to Him) is open for all ages

A big thanks goes out to all those who came on Saturday, February 5, to make cookies, blankets, Valentine's cards and goodie bags for the women and children at the ABCCM Women and Children's Shelter. They were so excited by their Valentine surprise!

Participating in F.I.S.H. is a great way to model Christian service to Central's children and an excellent opportunity to get to know other folks in the family of Central. Here's what's ahead for F.I.S.H.

- March 5: Caring for our adopted section of the Swannanoa River with River Link (wear gloves and outdoor clothing. Bring a water bottle and sun hat).
- April 2: Working in the community garden at The Lord's Acre. This multi-acre garden supplies fresh, organic vegetables to Food for Fairview (wear gloves and outdoor clothing. Bring a water bottle and sun hat).
- May 7: UMAR bowling party! We are taking the residents of the Asheville UMAR homes bowling. UMAR is a Methodist organization that promotes community inclusion, independence and growth for adults with intellectual and developmental disabilities through residential, employment and cultural enrichment opportunities. This F.I.S.H. is all about creating new friendships and enjoying a time of fellowship!
- June 4: Building a reflection garden. We will work out at the Haw Creek UMAR home planting flowers, creating outdoor art work, and building and painting benches with the residents in this UMAR home. Following our work we will have a picnic and music. If you have carpentry skills or would like to donate supplies or food for this day please let Jessica know.
- July 2: No F.I.S.H. – 4th of July holiday weekend!



F.I.S.H. meets the first Saturday of each month at 9:00 a.m. in the Fellowship Hall at Central for a devotion and prayer, and then heads out to the service site for a morning of fellowship and service. All ages are welcome. Please let Jessica Tripp know you are planning to come a week prior to the F.I.S.H. date at jtripp@centalumc.org or 253-3316.

Parish Nurse / Older Adult Ministry

Lipid Screening on Thursday, February 24

On Thursday, February 24, from 8:30-10:30am, Maureen Carr, Parish Nurse performs Lipid Panel (Total Cholesterol, good and bad cholesterol, triglycerides, blood sugar) screenings in Senior resource Center (Room 318). You need to have been fasting 8-12 hours. There is a \$15 charge to cover supplies. No appointments are necessary. Just come and be informed of your cholesterol and blood sugar numbers.

How are your blood pressure readings? Come February 27 and see

There will be a blood pressure screening on Sunday, February 27, from 9:30-10:45 am in the Senior Resource Center which is located behind the Reception Desk.

Elevated blood pressure raises your heart disease risk plus can affect your eyes, and kidneys. So Remember:

- Normal blood pressure is less than 120/80
- Pre-Hypertension is 120-139/80-89
- Stage 1 Hypertension is 140-159/90-99
- Stage 2 Hypertension is 160 and higher/100 and higher



United Methodist Women

Mission Study at Central on Saturday, February 19

Central United Methodist Women will sponsor a Mission Study “Joy To The World” on February 19, from 9:00 am to 1:30 pm in the Fellowship Hall. This study will explore the theology of mission and evangelism in the 21st century context of Christianity as a worldwide religion.

Betty Swarhout, Deaconess from the Waynesville District, will be our guest speaker. We will have lunch provided by the Circles: sandwiches, fruit and vegetables, beverages.

Everyone is welcome. Any questions call Doris Manning at 277-7065.

Call to Prayer and Self-Denial helps support local retired deaconesses and missionaries

Call to Prayer and Self-Denial for 2011 will ensure that the retired deaconesses and missionaries who were commissioned under the Women’s Division will be supported throughout their retirement. Every fourth year, CTP funds are set aside to provide pension, health care reimbursement, and other benefits (like Brooks-Howell Home and the Chautauqua Missionary Vacation Home and Fenton Deaconess House) for those who served.

Please schedule a “Quiet Day” service at your March circle meeting (a program is in the 2011 Program Book) and donate to this designated channel of giving. (Checks are payable to United Methodist Women and sent to the Central UMW treasurer, Ginger Haselden. Also, you can mark them and leave in UMW box in office.)

Prayer: Loving God, we thank you for those who have worked in your vineyard and now are retired from active participation. Bless them richly and let them feel our love and concern. Let their service be an example all may wish to follow. In Christ's name we pray. Amen.

The **Eve Circle** will meet on Tuesday, March 1, at 7:00 pm at the home of Glenda Patterson. Members are encouraged to bring a guest to the meeting.

The **Mary Circle** will meet on Wednesday, March 2, at 9:30 am at the church. We are a circle whose focus is Motherhood. Childcare for the little ones is always available at our meetings. This is a great opportunity for moms to fellowship and do service work with other moms. For more information about the Mary Circle, contact Heather Nesbitt at hawessel@yahoo.com.

The **Ruth Circle** will meet on Monday, March 7, at 10:00 am at the home of Nancy David, 21 Pine Tree Circle. The program will be the last chapter of our workbook.

The **Rebekah Circle** will meet on Tuesday, February 15, at 10:00 am with Barbara Young at Givens Estates.

The **Lydia Circle** includes young, professional Christian women who are sharing their faith journey through community service, devotion, mission outreach, prayer, and fellowship. We meet once a month for dinner and our meeting, which will have varying content. There are no set meeting dates—we pick the next date at our meeting, so contact Diane Robinson for meeting info if you are interested in becoming acquainted with the Lydia women. You can reach her via email at dianetrobinson@gmail.com or by phone 989-8097.



“GREAT IS YOUR FAITHFULNESS.”

L A M E N T A T I O N S 3 : 2 3

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Sympathy

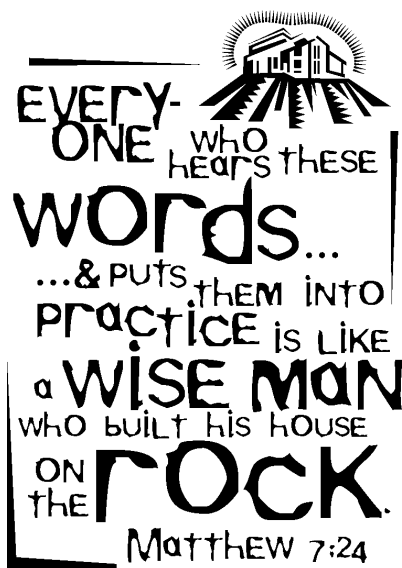
Our sympathy and prayers are with Suzanne Carter and her family on the death of her father, L. H. Latham, on January 24 in Owensboro, Kentucky.

Jot & Tittle deadlines

February 23 is the deadline for the March 6 issue

March 9 the deadline for the March 20 issue

Please mail articles and information to Anne Frick at the church, leave notices in her mail box at the Reception Desk, or email info to her at: africk@centralumc.org. All material is subject to editing.



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