

# Central UMC

Has a



for missions

# The Jot & Tittle

The newsletter of Central United Methodist Church

*For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.*  
(Matthew 5:18)

July 4, 2010

**Worship Services at Central**  
Dr. Rob Blackburn, Senior Minister

**Sunday Worship Services**  
at 8:45 and 10:55 am

**July 25**  
New Member Sunday

**Saturdays at Six Worship**

6:00 pm in the Fellowship Hall

**July 24**

No Saturday service—Bele chere

A nursery is provided during all worship services. Sunday School classes for all ages at 9:45 am.

Sunday worship is broadcast on 1310 WISE-AM at 9:00 am.

The Sunday worship service is also available live on the church website: [www.centralumc.org](http://www.centralumc.org) (you must have high-speed internet and Real Player).

The prior week's service is telecast on Public TV Channel 20 at 11:00 am on Sunday.

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## You are invited to Central's Independence Day celebration Covered dish lunch and Central Brass on Sunday, July 4

On Sunday, July 4, Central celebrates Independence Day with a covered dish lunch in the Fellowship Hall following the 10:55 service. Everyone is invited! Central will provide hot dogs, buns, and drinks.

The congregation is invited to bring favorite summertime dishes—vegetables, salads, desserts, or meats. Bring enough for your family and some to share.

Under the direction of Suzanne Brown, the Central Brass Ensemble will play a concert of rousing patriotic and familiar songs.

Come enjoy the food, fellowship, and music!



*Independence*  
DAY

## Sound system volunteer needed to help Sunday morning

If you would be interested in working with the sound and light system on Sunday morning, please contact Peter Phelps at [peterphelps@charter.net](mailto:peterphelps@charter.net) or Robyn McNeal at 253-3316 ext 312.

## Summer Blood Drive on Sunday, July 11

**Central, the Red Cross needs your help . . . but so far no donors have signed up. Please call now and help save lives!**

There will be a Summer Blood Drive, Sunday, July 11, from 8:30 am to 1:00 pm in the Fellowship Hall. Come and give the gift of life. All types of blood are needed at this time, but there is a desperate need for O negative.

All presenting donors will receive a Red Cross T-shirt. Refreshments will be available for all persons giving blood. To schedule your time, there is a sign-up sheet at the Reception Desk or call the Receptionist at 253-3316 or Maureen Carr at 253-3316, ext. 320.

To be a donor, you must be 16 years old with parental consent or older. You must weigh at least 110 pounds, be in general good health, and must not have donated blood in the past 8 weeks.



**Most medications will not cause you to be deferred as a donor.** Other conditions will be evaluated by staff at the collection site or you can reach a Record Review Coordinator at 1-866-562-7156 for further information regarding eligibility.

Appointments are strongly suggested. Walk-ins are welcome, but appointments will be honored first. Positive photo identification is required.

# Central Happenings



## Congratulations



Congratulations to **Bob and Shirl McDonald** who celebrated their 50th wedding anniversary on June 3.

## Memorial service for Pete Wilson has been rescheduled to August 11

A memorial service for Pete Wilson will be held on Wednesday, August 11, at 10:00 am in the Memorial Garden. A reception follows in the Fellowship Hall.

## Newcomer Class begins Sunday, July 4

The next Newcomer Class will begin Sunday, July 4, at 10:00 am in Room 311. On July 4, you will be introduced to Central's many activities and programs. Dr. Blackburn will teach on July 11, Dr. Bell will teach on July 18, and the grand tour of Central will be on July 25. And, the tour is always popular. As Rob says, some people have not made it back after the tour. So, if you feel a ghostly presence near you, it could be a former class member looking for a way out!

This class is an excellent opportunity to meet the ministers and other folks who are new to Central. You will discover ways to become involved at Central through Sunday school, Journey groups, or various committees. We have even had church members take this class just to find out what they've been missing! There is always coffee and a snack to tempt you to come back.

If you have any questions, or need more info, contact Suzanne Brown (253-3316 ext.324).



## Flower calendar has open date on July 25

If you would like to place flowers in the Sanctuary in honor or in memory of a loved one or to celebrate a special occasion, please contact Sherry Glance at [sstgglance@aol.com](mailto:sstgglance@aol.com) to sign up.

The cost of the flowers is approximately \$65.

## Bishop Richard B. Wilke, author of *Disciple Bible Series*, coming to Central UMC on Sunday, August 15

United Methodist Bishop Richard B. Wilke, author of the *Disciple Bible Study* series and four bestselling books, will preach at both Central United Methodist Church services on Sunday, August 15. The *Disciple Bible Study* series, which is a small group ministry that helps people grow in their faith, has over 2 million graduates in more than 10,000 churches and 30 denominations. His sermon topic will be Phillip and the Ethiopian Eunuch using Acts 8:26-39, and Deuteronomy 23:1 as his text.



Bishop Wilke is widely known and respected for his work as UMC Pastor, District Superintendent, and Bishop in Kansas and Arkansas over some 42 years. He has spoken and preached to audiences all over the country emphasizing church growth, evangelism, and inclusivity.

Bishop Wilke's newest book, "The Tie That Binds," published by Abingdon Press and available through Cokesbury, tells how we can reach the young and the unchurched, and discusses Jesus and homosexuality and ministry in the prisons. The book would be an excellent discussion producer for Sunday school classes, Journey groups, Circles, or other small groups or individuals. It will be available for sale throughout the summer here at Central.

An informal luncheon will be held after services on August 15, allowing Bishop Wilke to sign copies of the book and discuss *Disciple Bible Study*, *Reconciling Ministries*, and other topics of interest. The luncheon is sponsored by the *Reconciling Ministries Group* within Central UMC and Western North Carolina. The cost of the lunch will be \$7. Please call the church office, 253-3316, to make a reservation before the August 10 deadline.

*A characteristic of the United Methodist Church is its “connectedness.”  
This means that Central UMC does not stand alone. We are part of the Asheville district,  
which is part of the Western North Carolina conference, the Southeastern Jurisdiction, and  
the General [worldwide] conference—all of our churches are connected.*

## **Our Methodist Connections . . . .**

The 2010 Annual meeting of the Western North Carolina Conference (WNCC) at Lake Junaluska began early Friday morning, June 11, and continued through Sunday morning, June 13. Approximately 2,000 registered delegates (half clergy and half laity) attended, including Central’s four delegates: Rob Blackburn, Tony Bell, Marcia Applegate (she replaced Iva Endicott who was unable to attend because of family illness) and William (Willie) Greene. Several other members of Central also attended the Conference as either at large delegates or guests.

WNCC Bishop Larry Goodpaster (he’s also president of The Council of Bishops) did a splendid job presiding over the Conference and uplifting worship services were conducted every morning, afternoon and evening of the Conference.

To the delight of us all, the Bishop appointed Rob, Tony, and Julie to continue their special services here at Central. At the service on Saturday evening Julie Wilburn Peeler’s husband, David Peeler, was Ordained an Elder in Full Connection and at the service on Saturday morning Tony Moreau, son-in-law of Phil and Pat Smith, was commissioned a Provisional Elder.

On Friday afternoon the WNCC Meeting Location Task Force (appointed in 2008) gave its detailed report to the delegates and recommended that the 2011 meeting of the Conference be held in Greensboro at the Koury Convention Center. Following many, many questions and answers, voting and discussion on the motion to accept such recommendation was postponed until the Saturday 3:15 pm plenary session. At this session, the acceptance or rejection of such recommendation was at great length fully, thoughtfully and passionately discussed and was ultimately rejected by a vote of 526 for acceptance of such recommendation and 1007 against such acceptance. Thus the 2011 WNC Annual Conference will meet at Lake Junaluska.

The Bishop announced that such 2011 Annual Conference will return to the prior 4 day format since election of delegates to both the 2012 General and Jurisdictional conferences will require considerably more plenary session time.

After much debate and several changes, the Conference approved the Proposed 2011 Budget bottom line total of \$14,409,256.00 (\$6,433,218.00 for General Church Funds and \$7,926,038.00 for WNC Conference Funds) an overall increase of 1.58% over the 2010 Approved Restated budget. Primary changes included holding District Superintendents’ salaries and costs to 2010 levels and adjusting funds from other lines so as to include \$120,333.00 for the Children’s Home and \$178,190.00 for university scholarships.

Of the 11 petitions not on The Consent Calendar, only the one regarding Rural Life Sunday was approved; 2 regarding finances were referred; 1 regarding funding was ruled out of order; and the remaining 7 regarding social issues were tabled.

It has again been an honor and pleasure to serve as one of Central’s lay delegates to the WNC Annual Conference.  
—William (Willie) Greene

### **Foods for ABCCM:**

**jelly, sugar, cold cereals, saltines  
soups, spaghetti and sauce**

(ABCCM can break down larger packages if you prefer to buy items in bulk)

### **2010 budget update**

As of June 20, our Central congregation has given \$739,170 toward the 2010 financial goal of \$1,727,158 needed to support our ministries and the operating budget. Thank you!

### **Jot & Tittle deadlines**

**July 7** is the deadline for the  
July 18 issue

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**July 21** is the deadline for the  
August 1 issue

Please mail articles and information to Anne Frick at the church, leave notices in her mail box at the Reception Desk, or email info to her at: [africk@centralumc.org](mailto:africk@centralumc.org). All material is subject to editing.

# Haywood Street Happenings

## Art Project starting at Haywood Street Congregation

The Haywood Street Congregation is starting a once a week Art Project for the homeless and needs volunteers. If you have an art background or hobbies you would like to share with others contact Susie Sweet at 301-0605 or [sesweet@hotmail.com](mailto:sesweet@hotmail.com).

Donations of art supplies are also needed to get this project off the ground.

## All are invited to the Welcome Table on Wednesdays

The Haywood Street Congregation is the place to be every Wednesday. Why not “treat” your favorite group to lunch and join us at the Downtown Welcome Table from 11:30 - 1:00? Your Journey Group, your Sunday School class, your Bible Study group, your office friends—choose a Wednesday and get your buddies together for a great lunch and even better company! At 12:30 pm, your group can attend the worship service in the sanctuary.



## The Haywood Street Congregation invites participation by Central Members

The ministries of the Haywood Street Congregation are thriving! Between 100 and 150 folks visit the Welcome Table and Clothing Closet each week, and many of those also participate in the communion worship service. This all takes place at our Haywood Street Campus on Wednesdays between 11:30 am and 1:30 pm. All are invited to participate in any or all aspects of this local mission project.

Volunteers are needed for both the Welcome Table and the Clothing Closet. “Work-time” for both ministries takes place on Tuesday evenings between 5:30 and 7:30, and “service-time” is from 11:30 - 1:30 on Wednesdays. Volunteer orientation and training takes place every month on the third Saturday at 9:30 am. Please contact Katy Kear, Volunteer Coordinator, at [haywooddisciple@gmail.com](mailto:haywooddisciple@gmail.com) or 242-8472 for more information or to volunteer.

For the Clothing Closet, donations of clothes, tents, sleeping bags and personal care items are always needed. This ministry primarily serves those who are living on the streets, so items like blue jeans, work pants, shorts and comfortable walking shoes are most needed.



## Congregational Care Concerns

*Rev. Julie Wilburn Peeler is Central's Minister of Pastoral Care.*

*She is interested in getting to know the members of Central. The best way to get to know you is to visit.*

*Please give her a call at 989-9659 or 253-3316 if you would like to schedule a time to talk.*

### Extended Family (a.k.a. “homebound”) News

#### When you are Unable to Attend Worship....

Thank you to all our volunteers who visit those who are unable to attend worship. Thank you also to our new members who have offered to visit and help the church stay connected to our homebound members. You help Central live out our mission to be community for Christ. Help us widen the circle of Central.

You may know more members who are unable to come to church and would like to be seen by a visitor and Julie Wilburn Peeler. Please call the church office and speak with Julie. We care about our faith family and we do not want anyone to feel forgotten.



#### Other Ways to Feel Connected....

We want to keep you connected to the worship life of Central United Methodist Church! Bulletins have been sent to those individuals who are unable to attend worship. My hope is that when they are able to view the worship service on T.V. on a week delay, folks will have the bulletin with them so they can follow along. If you would like to receive a bulletin in the mail or email, please let Julie know at 828-253-3316 or [jwilburnpeeler@centralumc.org](mailto:jwilburnpeeler@centralumc.org).



## Become a Stephen Minister



### *What is Stephen Ministry?*

Stephen Ministry is a ministry designed to help people who are undergoing a crisis or difficult time in their life. We all can use a friend to talk with us about our grief over the loss of a loved one, help us through the pain of divorce, walk with us through the transition into retirement or loss of a job, pray with us during a difficult medical diagnosis. Stephen Ministry is here for you.

### *Who is a Stephen Minister?*

Stephen Ministers are caring Christian people who have the time to devote to fellow Christian friend going through a difficult time. Stephen ministers are able to keep their conversations private and are trained to handle even the most difficult of situations.

### *What if I need a friend to help me? How can I receive a Stephen Minister?*

Just contact Julie (989-9659) or a Stephen Minister in our congregation. Julie will talk with you to find the best Stephen Minister for you. Every conversation is handled with confidentiality and respect.

### *What is required to become a Stephen Minister?*

Stephen Ministers are trained by Central's Stephen Ministry team. Everyone is required to attend 50 hours of training. We ask that you fill out an application and meet with our Stephen Leaders prior to the training. Stephen Ministers are able to keep confidentiality (you will be trained on this).

**Stephen Ministry training begins Thursday, September 2 at 6:00 pm to 8:00 pm  
and will be held every Thursday evening.**

**Please fill out an application for the training if you are interested. They are located at the Reception Desk or by contacting Julie Wilburn Peeler or Ron Maffett.**

**Food will be provided at 5:30 and if you need childcare, please let Julie know ahead of time.**

## Central now has two prayer groups!

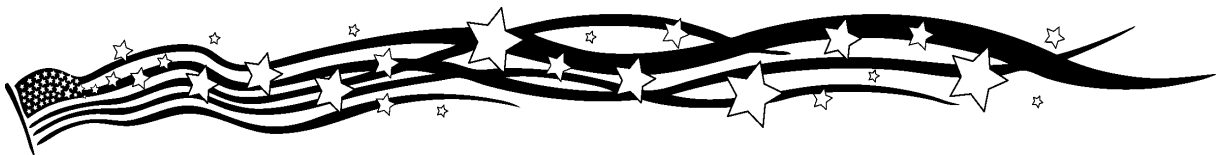
### **Monday at 10:30 in the parlor**

Everyone is invited (male and female!) to join our prayer group on Mondays. Your prayer requests are important to us. One of the most fascinating and uplifting things to see is the process of God's work through your requests. Julie receives the prayer requests on Monday and makes a copy for the prayer groups, the ministers, and the staff. We try to keep in touch with you as God hears the requests through our and your prayers. It is our way to walk with you and God through tough and great times in your life. We invite anyone who is able to attend to come and be with us to see the process of God answering your prayers.

One of the most daunting things about a prayer group is praying in public. Don't let this keep you away. **You are not required to pray in front of the group.** We just want you to come and be with us and to see how just a few minutes of prayer changes people's lives.

### **Thursdays at 10:30 at Givens Estates at the Chapel conference room**

We invite the residents of Givens Estates and those who live around Givens (south Asheville) to join our prayer group. We begin with a short devotional and share the requests from the worship services and pray over them. Again, if you are not comfortable praying in public please don't let this keep you away. We gather as one body, one voice to lift to God the needs of our congregation.



## Youth Ministry

### UMYF—United Methodist Youth Fellowship for grades 7-12

For more info, contact Stephen Brown, Youth Director, at 253-3316, 421-0340 or email [Stephen@centralumc.org](mailto:Stephen@centralumc.org)

**Sign Up for Summer Trips** Deadline for Summer Trip sign ups is **two weeks prior to the date we leave**. Money is due the week before the trip you are going on. Re-Check your calendars and call Stephen to sign up for summer trips. Spots for Wilderness Trail are flying off the counter. Mission Trips are going to be amazing.

#### **Wilderness Trail**

(All Youth and Confirmands—rising 7th graders—are welcome to join us on the Wilderness Trail.)

**July 17- 24 Troutdale, Virginia Cost \$260**

#### **Middle School Mission Trip**

(Rising 9<sup>th</sup> graders are still considered Middle School Participants for the summer.

Confirmands are welcome to join us on the Middle School Mission Trip.)

**August 1-7 Cleveland, Georgia Cost \$269**

(Scholarships are available for any youth activity. Contact Stephen Brown.)

## Outreach

### **F. I. S. H. (Families In Service to Him)**

F.I.S.H. is a family/intergenerational mission group that is open to all ages and meets the first Saturday of each month from 9:00 to 12:00 for a devotion, prayer, and service. If you are planning to participate, please contact Jessica Tripp at 253-3316 or [jtripp@centralumc.org](mailto:jtripp@centralumc.org).

- **Saturday, July 3: No activity today. Look for August 7 project in next issue.**

### **Needs at the Vanderbilt**

Over the years, the members of Central have helped our friends and neighbors living at the Vanderbilt Apartments in downtown Asheville. The following items are currently needed:

- paper towels and toilet paper • Kleenex • small bottles of dishwashing soap
- small cans of juice and fruit • low-sodium soup

If you can help, place your items in the WE CARE boxes at the Second Floor entrance (near the Fellowship Hall) and near the Reception Desk. The Vanderbilt residents are most appreciative of the gift. Thank you for your continued support. [Note: **Magazines are not needed** at the present time.]

## Parish Nurse / Older Adult Ministry

### **Older Adult Conference, August 9-12**

This year's Wisdom and Grace Conference, which is sponsored by the Southeastern Jurisdictional Association of Older Adult, will focus on the theme "Reaching Up, Reaching Out—Our Call to Spirituality and Mission." The dates are August 9-12, at Lake Junaluska. Other portions of the conference include worship, Bible study, workshops, and fellowship.

The conference is designed for older adults and those who work with older adults. If you are interested contact Maureen Carr, 253- 3316, ext 320.

## What everyone should know about balance and falls

Poor strength, poor vision, and slippery surfaces may result in poor balance which increases your risk of falls. So what can you do to help prevent falls:

1. Remove small rugs.
2. Put important or often-used items where you can reach them without a step stool.
3. Keep all wiring out of areas where you walk.
4. Make sure your home or apartment is well lit.
5. Have handrails and lights on staircases.
6. Clean up clutter that you might trip over.
7. Have grab bars in your bathroom.
8. Place non-slip mats in the bathtub or on the shower floor.
9. Wear supportive shoes with non-slip soles and use a walking cane if needed.
10. Avoid getting up too quickly after eating, lying down, or resting. Low blood pressure may cause dizziness so stand still for a minute to make sure you are not dizzy.
11. Check your community about classes that may be offered to improve balance.



—from Positive Health Promotions

## Special Wednesdays are coming August 11, 19, 26

Special Wednesdays will begin August 11. Dinner will start at 5:15 pm and the program is at 6:00. Come and enjoy the food, fellowship, and the program. More information to come.

## How Are Your Blood Pressure Readings?

There will be blood pressure screening on Sunday, July 11, from 9:30-10:45 am in the Senior Resource Center which is located behind the Reception Desk.

Elevated blood pressure raises your heart disease risk plus can affect your eyes, and kidneys. So Remember:

- Normal blood pressure is less than 120/80
- Pre-Hypertension is 120-139/80-89
- Stage 1 Hypertension is 140-159/90-99
- Stage 2 Hypertension is 160 and higher/100 and higher



## United Methodist Women

The **Mary Circle** will meet on Wednesday, July 7, at 9:30 am at the church. We are a circle whose focus is Motherhood. Childcare for the little ones is always available at our meetings. This is a great opportunity for moms to fellowship and do service work with other moms. For more information about the Mary Circle, contact Heather Nesbitt at hawes-sel@yahoo.com.

The **Lydia Circle** includes young, professional Christian women who are sharing their faith journey through community service, devotion, mission outreach, prayer, and fellowship. We meet once a month for dinner and our meeting, which will have varying content. There are no set meeting dates—we pick the next date at our meeting, so contact Diane Robinson for meeting info if you are interested in becoming acquainted with the Lydia women. You can reach her via email at dianerobinson@gmail.com or by phone 989-8097.



July 4, 2010  
Vol. 34 No. 13

*Jot & Tittle* (USPS 005-511) Published twice monthly by Central United Methodist Church  
Periodical postage paid at Asheville, NC • ISSN 1052-7966 • Postmaster: Send address changes to *Jot & Tittle*,  
Central United Methodist Church,  
27 Church Street • Asheville, N.C. 28801  
• Phone 828-253-3316  
Office Hours 8:30 am to 4:30 pm weekdays  
• E-mail [centralumc@centralumc.org](mailto:centralumc@centralumc.org)  
• Web Site [www.centralumc.org](http://www.centralumc.org)  
• Fax 828-254-8796

## Sympathy

Our sympathy and prayers are with David Lee on the death of his father on June 14 in Georgia.

## Memorial Gifts

In memory of Jack Cole by:

The Cocke Family  
James and Ellie Daniels  
Leslie McGuire  
Richard Wood

Dell and Sherman Dillard

In memory of David Clark by:

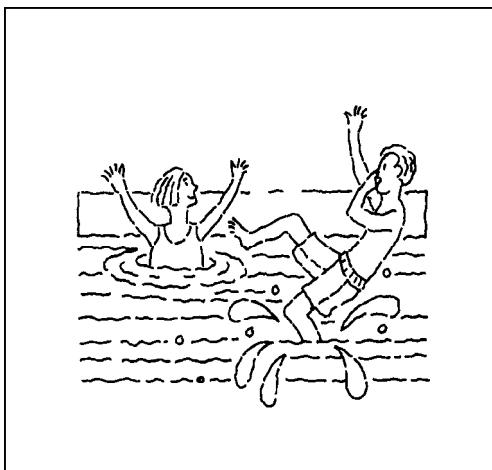
Barbara Keljikian  
Mel and Jane Craddock

In memory of Buddy Scarborough by:

Clifford and Leslie Lewis  
Mel and Jane Craddock

In memory of Buddy Scarborough for the Foundation Fund by:

Jeannette G. Konopacky  
Will and Stacy Knippers



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Asheville, NC 28801-3303.

Please include Central in your will. Let the Business Office know when you do.

## How to contact our Central Staff

Church phone (828) 253-3316

Dr. Rob Blackburn, Senior Pastor

[ext.311, send email to: [lhollowell@centralumc.org](mailto:lhollowell@centralumc.org)]

Dr. Tony Bell, Executive Pastor (Evangelism and Journey Groups)

[ext. 308, email: [tbell@centralumc.org](mailto:tbell@centralumc.org)]

Rev. Julie Wilburn Peeler, Minister of Pastoral Care

[ext. 304, email: [jwilburnpeeler@centralumc.org](mailto:jwilburnpeeler@centralumc.org), 989-9659]

Jessica Tripp, Director of Christian Education (Missions)

[ext. 306, email: [jtripp@centralumc.org](mailto:jtripp@centralumc.org)]

Stephen Brown, Director of Youth Ministries

[ext. 305, email: [stephen@centralumc.org](mailto:stephen@centralumc.org)]

Russell Nelson, Director of Music Ministries (Worship)

[ext. 302, email: [rnelson@centralumc.org](mailto:rnelson@centralumc.org)]

Burt Anderson, Haywood Street Campus Coordinator

Corey Powell, Music Associate/Organist, Director of Handbells

[ext. 303, email: [cpowell@centralumc.org](mailto:cpowell@centralumc.org)]

Suzanne Brown, Director of Brass; Evangelism Assistant

[ext. 324, email: [sbrown@centralumc.org](mailto:sbrown@centralumc.org)]

Clint Weninegar, Worship Leader for Saturdays @ Six service

Tammy Henry, Director, Weekday School

[ext. 318, email: [thenry@centralumc.org](mailto:thenry@centralumc.org)]

Alan Gibson, Church Administrator

[ext. 313, email: [agibson@centralumc.org](mailto:agibson@centralumc.org)]

Robyn McNeal, Business Manager

[ext. 312, email: [rmcneal@centralumc.org](mailto:rmcneal@centralumc.org)]

Lesli Hollowell, Administrative Assistant, Capital Campaign Coordinator

[ext. 310, email: [lhollowell@centralumc.org](mailto:lhollowell@centralumc.org)]

Maureen Carr, Parish Nurse

[ext. 320, email: [mcarr@centralumc.org](mailto:mcarr@centralumc.org)]

Kendra Simpson, Nursery Supervisor

Phyllis Youngberg, Web page

[email: [youngberg8865@bellsouth.net](mailto:youngberg8865@bellsouth.net)]

Anne Frick, *Jot & Tittle* and Bulletin

[ext. 314, email: [africk@centralumc.org](mailto:africk@centralumc.org)]

Joe Edmonds, Building Care

Hayes Brown, Building Care

## Haywood Street Congregation

Rev. Brian Combs, 246-4250; email [rev.briancombs@gmail.com](mailto:rev.briancombs@gmail.com)

Katy Kear, Volunteer Coordinator, [haywooddisciple@gmail.com](mailto:haywooddisciple@gmail.com) or 242-8472