

Central UMC

Has a



for missions

The Jot & Tittle

The newsletter of Central United Methodist Church

For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.
(Matthew 5:18)

June 19, 2011

Worship Services at Central
Dr. Rob Blackburn, Senior Minister

Sunday Worship Services

at 8:45 and 10:55 am

June 19

UMW Celebration Sunday

June 26

New Member Sunday

Saturdays at Six Worship

6:00 pm in the Fellowship Hall

A nursery is provided during all worship services. Sunday School classes for all ages at 9:45 am.

Sunday worship is broadcast on 1310 WISE-AM at 9:00 am.

The Sunday worship service is live on www.centralumc.org (you must have high-speed internet and Real Player).

United Methodist Women celebration weekend Saturday, June 18, and Sunday, June 19

The United Methodist Women will be celebrating 140 plus years of mission to women, children, and youth at the Saturday evening, June 18, and Sunday morning, June 19, worship services. Doris Manning will be the speaker at Saturdays at Six and Delores Meadows from Mills River UMC will speak at the Sunday services.



At the 10:55 service, we will be celebrating the recent commissioning of Deaconess Laura Kirby from Central.

After the 10:55 service, there will be a light lunch for Deaconesses and United Methodist Women in the Fellowship Hall. At that time, Laura Kirby will share her calling to ministry. Reservations need to be made right away.

—Maureen Carr

Registration underway for V.B.S. June 20-24

It is not too late to register your child age three years old (children must be 4 by August 31, 2011) – 5th grade for a week of fun and fellowship as we journey to Nazareth and spend a week in Jesus' hometown. Fun craft and cooking workshops, music, games, drama, and more will make this a week filled with creative and exciting activities.

The last day of V.B.S., Friday, June 24, we will celebrate the week with a music program and lunch. Parents and friends are invited to come to the Sanctuary at 12:00 noon to see the children perform music from the week.

Lunch will be served outside following the performance.

Youth Group looking for Prayer Partners

Last summer we were able to connect seventy-five congregation members with youth members. This year we hope to increase that number. We are already in need of 75 prayer partners for this summer. Our youth will be participating in a number of trips this summer and we would love to have each one sponsored in prayer while they are on their trip.

We ask that each Prayer Partner would support their youth member through prayer the week they are on a trip this summer. We also ask that each Prayer Partner write a short note or letter of encouragement that the youth will receive while on the trip serving the church.

This is a fantastic way not only to connect the members of the congregation with the youth of the church but a great way to live out what it means to be the body of Christ.

If you would like to participate, please contact Stephen Brown for more information. He can be reached via email at Stephen@centralumc.org or by phone at 828-421-0340.



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Central Happenings



Congratulations to



Ryan Hayes and Michelle Martini on the birth of their daughter, Elizabeth Gail “Eliza” Hayes, who was born May 26.

Rob and Anne Callihan on the birth of their daughter, Caroline Elizabeth Callihan, who was born June 3.

Come to the Community Lunch on Monday, June 20

Everyone is invited to the free Community Lunch on Monday, June 20, from 11:45 am to 1:00 pm at the Haywood Street campus. The menu will be lasagna, salad, bread, fruit, dessert, and beverage. Chuck Taft, Director of UNCA Singers, will provide the entertainment.

Newcomer / New Member Class begins Sunday, July 3

The next New Member Class begins Sunday, July 3. The group meets from 10:00 to 10:45 am in the Conference Room (Room 311) near the church office. The classes will be held July 3, 10, 17, and 24. This is a great opportunity to meet the ministers and other newcomers to the church, and to get detailed information on Central’s programs, activities, and opportunities for service. We will learn about the history of Methodism, Methodist doctrine, and take a tour of the church building. All are welcome to come learn more about Central.

Contact Suzanne Brown at 253-3316 ext 324 or sbrown@centralumc.org for details.

Help the Central Weekday School by saving your Campbell’s soup labels

As you are preparing meals, take a minute to remove and save the Campbell “Labels for Education” labels. These labels are found on a variety of items in addition to Campbell’s soups. Look for the labels on BIC pens and products, Franco-American products, Pepperidge Farm items, Post Cereals and Treats, Prego, Spaghetti Os, Swanson, V8 and V8 Splash and Fusion, and Wolfgang Puck.

Please place the labels in an envelope or bag marked ‘Tammy Henry’ and leave them at the Reception Desk. These labels can help our Weekday School earn new classroom supplies. Thank you!

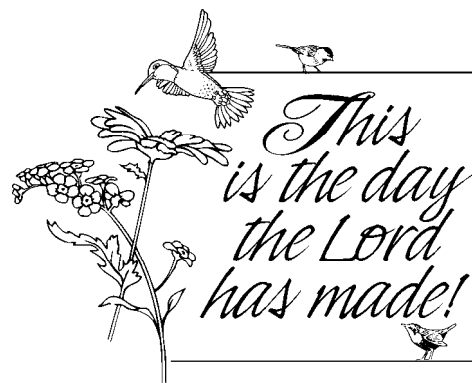
—Kendra Simpson

Jot & Tittle deadlines

June 22 is the deadline for the
July 3 issue

July 6 the deadline for the
July 17 issue

Please mail articles and information to Anne Frick at the church, leave notices in her mail box at the Reception Desk, or email info to her at: africk@centralumc.org. All material is subject to editing.



Make plans to attend the celebration
Covered dish lunch and Central Brass on Sunday, July 3

On Sunday, July 3, Central celebrates Independence Day with a covered dish lunch in the Fellowship Hall following the 10:55 service. Everyone is invited! Central will provide hot dogs, buns, and drinks.

The congregation is invited to bring favorite summertime dishes—vegetables, salads, desserts, or meats. Bring enough for your family and some to share.

Under the direction of Suzanne Brown, the Central Brass Ensemble will play a concert of rousing patriotic and familiar songs.

Come enjoy the food, fellowship, and music!



To parents of acolytes:

Please let me know the **dates your child will not be available to be an acolyte during the months of July, August, and September**. Please call me at 253-3316 or at 665-8436 or you can email me at thenry@centralumc.org—right away! The new schedule will be sent out the end of June. Thank you!

— Tammy Henry

**Looking for a short term Bible study
for your Sunday school class or small group?**

The Cornerstone Sunday school class recently studied a series entitled “The Parables of Jesus”. Here’s what they had to say...

“The Parables of Jesus” is a six week DVD series featuring six professors dissecting parables about the Kingdom. A facilitator’s guide is included with the study. Cornerstone class appreciated the historical context along with the expert’s knowledge about the Bible.

The details the professors included in their teaching helped us to understand the parables on a level we would not have grasped on our own. Each week provided an opportunity to examine the unique relationships we are instructed to build as a part of the body of Christ. Overall, the series challenged each of us to look at how our faith is demonstrated by the actions and decisions we chose to make in our daily lives.

Of note, the videos are 35-40 minutes each week, so it is important class is started promptly to provide time to watch the videos and discuss the lesson.”

If you are interested in using this series please contact Jessica Tripp at 253-3316 or jtripp@centralumc.org.

Foods for ABCCM:

Beef stew, Spam, or other canned meat
sugar, jelly, grits
corn meal, self-rising flour

(ABCCM can break down larger packages if you
prefer to buy items in bulk)

Bring food items to large box the Fellowship Hall

2011 budget update

As of June 5 our Central congregation has given \$712,914 to support our ministries and the operating budget. Thank you!

(This is up \$24,472 from the same time last year.)

Sympathy

Our sympathy and prayers are with Mary Lane and her family on the death of her brother, Gus Beard, on May 14 in Abilene, Texas. He is the son of the late Margaret Beard.

Our sympathy and prayers are with Tony Bell and his family on the death of his grandfather, Edgar Hish, on June 7 in Virginia, Illinois.

Congregational Care Concerns

Should you have pastoral care needs or know of someone in the hospital, please contact Rev. Julie Wilburn Peeler at 989-9659 or Maureen Carr, our Parish Nurse, at the church 253-3316.

Would you help with the distribution of Holy Communion?

The pastor, or layperson at the direction of the pastor, may distribute the consecrated bread and cup to sick or homebound persons as soon as feasible following a particular service. I have been distributing communion to the homebound and to anyone who desires to receive the sacrament at their home.



I invite anyone who is willing and able to assist in the distribution of the leftover communion elements. There is a particular order and the materials available to take the elements to our members. If you are interested, please see Julie.

**** Note **** The elements must be consecrated by an ordained person to be efficacious. Please contact Julie for more information and orientation for this special ministry for our church.

Outreach

Donations to UMCOR will aid tornado victims

The South, Midwest, and Northeast in recent days have been pulverized by the nation's deadliest tornados in decades. Some have lost everything, including hundreds who lost their lives.

Many of you at Central have asked how we can help, especially since a number of the churches in these areas where shelter and assistance would have been offered were also destroyed. Checks may be sent to Central, noting the funds are designated for UMCOR relief. Every penny sent to UMCOR (United Methodist Committee on Relief) goes directly for relief efforts in this devastation.



Thank you for once again being God's hands and feet in this world.

—Susan Snell, Chair, Missions Council

Central hosts Room in the Inn July 10—17

Room in the Inn is a faith-based program, offering three meals daily and nighttime shelter for up to twelve homeless women. All of the guests at RITI complete a screening process before participating in the program. The women come into a new host church each week, beginning Sunday evening and moving to another on Sunday a week later.

Central and Trinity Episcopal partner with each other to provide meals, overnight volunteers, and a place to sleep.

Central will be the host for the July 10—17 week and we will need folks to stay overnight, provide breakfast, make bag lunches, and prepare dinner each night.

Volunteers are needed to supply these needs for the women. Please look for the sign-up sheets that will be posted on the standing bulletin board outside of the Sanctuary and see where you—or your circle, Journey Group, or Sunday School class— can help.

For anyone wanting to help for the first time or needing more information, please call Scott Abernethy at 684-8180 and she will be glad to answer any questions.



Children's Ministry

Summer Sunday School has begun

June begins our summer Sunday School series. Each week the children will participate in a Bible Study and activity that encourages them to live as disciples guided by the love of God. From June through August, children in Kindergarten through 5th grade will journey through three different discipleship series:

- ♥ Three Simple Rules for Following Jesus
- ♥ Hope Lives
- ♥ Caring for Our Earth and Others

Teachers are needed for the summer series!

Please sign up at the table outside the Children's Sunday School rooms or email Jessica at jtripp@centralumc.org and let her know you can help.

Join us for a week of fun, fellowship and spiritual growth at V.B.S. "Hometown Nazareth" June 20 – 24, 2011

V.B.S. is open to children three years old (children must be 4 by August 31, 2011) – 5th grade
Nursery care is available for V.B.S. staff

REGISTRATION FEE: \$25 Make all checks payable to Central UMC. Memo: VBS

Morning arrival will begin at 8:30. All children need to arrive by 8:45.

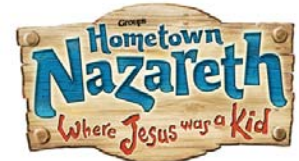
As you arrive each morning, you will check in at the table in front of the Fellowship Hall.

- Children 4-years-old – 5th grade will then go into the Fellowship Hall to meet their family leader under their group tent (to be in this group, children must be entering kindergarten in the fall of 2011).
- Parents will walk children in the three-year-old group directly to their classroom on the First Floor.
- Children in the three-year-old group should bring a lunch

Children are grouped according to the grade they just completed.

At 8:45, opening assembly will begin with our fabulous VBS band! Following opening assembly, children will begin their Bible time adventure as they enjoy recreation, drama, crafts, snacks, hometown huddle, missions and more.

All activities will introduce children to the culture of ancient Nazareth as we visit Jesus' hometown and hear about his life and ministry.



Dismissal will begin each day at 12:00.

- Children will be dismissed from the Fellowship Hall.
- Children in the three-year-old group must be dropped off and picked up from their first floor class room.
- You may walk up to the Fellowship Hall or drive up on Church Street to pick up your child if they are in the 4-year-old – 5th grade groups.

Each day we will collect an offering during opening assembly.

Offering items will benefit Central's relief work with Haitian refugees in the Dominican Republic. All items will be taken to the DR in July by Central Intergenerational Mission Team. The items we are collecting:

Monday: nickels and crayons

Tuesday: dimes and coloring books

Wednesday: quarters and girls/boys underwear (sizes 4T-12)

Thursday: dollars and powdered baby formula

Friday: nickels, dimes, quarters, dollars, and infant vitamins

DON'T MISS OUR V.B.S. music program on Friday AFTERNOON, June 24

The Music program will begin at 12:00 in the Sanctuary. Lunch will be served outside following the program. VBS leaders will bring the children to the Sanctuary for the program. Parents can go directly to the Sanctuary. Children will be dismissed to parents following the program.

Bring your family and friends, take a lunch break from work and come enjoy the children as they perform music from the week.

Youth Ministry

UMYF—United Methodist Youth Fellowship for grades 7-12

Contact Stephen Brown, Youth Director, at 253-3316, 421-0340 or email Stephen@centralumc.org

Summer Youth Schedule

June 19-25: Senior High Mission Trip to Washington D.C [no Youth June 19]

We are heading to our nations capitol to participate in some inner-city missions. Each Summer we head off to a destination with one thing in mind... Love God by helping others. This event will give your Youth so much more than just a summer vacation. We gain a sense of accomplishment, you get a chance to get to know the other people in the Youth Group and most of all grow closer to God, all while having an outstanding time. Our work is still a mystery, but it will involve getting dirty. Cost of the Trip is \$279 (Scholarships are always available.) If you want to go, give me a call or email me at stephen@centralumc.org

Sunday, June 26: No Youth

The team from D.C. will be returning late Saturday evening and Leigh Conaway is getting married on June 26. Yah, Leigh!!! There will be no youth due to Leigh's big day. (Also because we will be exhausted from the mission trip.)

Wednesday, June 29: Haywood Street Church Service 12-1:30pm

We will be meeting at the Haywood St. Church for the Wednesday Welcome Table.

Thursday, July 7: 8am-7pm Braves Baseball Game

Road Trip to Atlanta! Come with us to Turner Field to see the Braves play the Colorado Rockies. Tickets are \$15-25 depending on how many people will be going. RSVP with Stephen by June 26 to reserve your spot.

Sunday, July 10: Moe's Burritos and Bible 6-7:30 pm (Bring \$ for dinner)

Join us for the second installment of burritos and bible at the Moe's in Biltmore.

July 17- 24: Wilderness Trail

Come backpacking with us in the beautiful mountains of Virginia! It's going to be the best trip of the summer, so don't miss out!! Contact Stephen ASAP to sign up.

We're leaving from the back parking lot of the church sometime in the afternoon. We'll return early morning the following Saturday to the Haywood Street parking lot. Cost of the Trip is \$260 (Scholarships are always available). If you want to go, email me at stephen@centralumc.org or give me a call.

July 31-August 5: Middle School Mission Trip to Georgia

The middle school trip will be traveling to Northern Georgia to spend a week working with TeamEffort. If you want to go, give me a call or email me at stephen@centralumc.org. Cost of the Trip is \$279 (Scholarships are always available).

Youth Events



this summer

Parish Nurse / Older Adult Ministry

Lipid Screening on Thursday, June 23

On Thursday, June 23, from 8:30-10:30 am, Maureen Carr, Parish Nurse performs Lipid Panel (Total Cholesterol, good and bad cholesterol, triglycerides, blood sugar) screenings in the Senior Resource Center (Room 318). You need to have been fasting 8-12 hours. There is a \$15 charge to cover supplies. No appointments are necessary. Just come and be informed of your cholesterol and blood sugar numbers.

How are your blood pressure readings? Come June 25 and see

There will be a blood pressure screening on Sunday, June 25, from 9:30-10:45 am in the Senior Resource Center which is located behind the Reception Desk. Elevated blood pressure raises your heart disease risk plus can affect your eyes, and kidneys.

June is Home Safety Month

There are many things we can do to make our homes safer. One way to improve the safety of your home is to remove hazards that may become a risk for fall. Falls are one of the leading causes of unintentional injuries in the United States, based on approximately 8.6 million visits to the emergency room.

Falls happen. Most of the time, they are not serious. You pick yourself up and move on. But sometimes falls can be dangerous. Hitting your head can cause a head injury. A fall can break a bone, resulting in surgery and months of physical therapy. Falls are the leading cause of deaths due to injury among adults age 65 and older. Broken hip bones from falls lead to the greatest number of deaths.

Preventing falls can help you live a more independent life—you are less likely to have an injury that can prevent you from carrying on your daily activities such as bathing, cooking, shopping, or just going for a walk.

To prevent falls around your home:

- ⇒ Remove things that you can trip over, such as raised doorway thresholds, throw rugs, and clutter.
- ⇒ Repair loose carpet or raised areas in the floor.
- ⇒ Move furniture and electrical cords out of walking paths.
- ⇒ Use non-skid floor wax, and wipe up spills right away.
- ⇒ Keep your house well lit, especially stairways, porches, and outside walkways.
- ⇒ Use night lights in areas such as hallways and bathrooms.
- ⇒ Put sturdy handrails on stairways.
- ⇒ Store household items on lower shelves so that you do not have to climb or reach high. Use a ladder, not a chair, to reach higher items.
- ⇒ If you use a walker or cane, put rubber tips on it.
- ⇒ If you use crutches, clean the bottoms of them regularly with an abrasive pad, such as steel wool.
- ⇒ Do not wear socks without shoes on smooth floors.
- ⇒ Install grab handles and nonskid mats inside and outside your shower or tub and near the toilet and sinks.
- ⇒ Use shower chairs and bath benches.
- ⇒ Get into a tub or shower by putting the weaker leg in first. Get out of a tub or shower with your strong side first.



—National Safety Council

Blood donors mark your calendars for July 31

The summer Red Cross Blood Drive at Central will be Sunday, July 31.

United Methodist Women

The **Lydia Circle** includes young, professional Christian women who are sharing their faith journey through community service, devotion, mission outreach, prayer, and fellowship. We meet once a month for dinner and our meeting, which will have varying content. There are no set meeting dates—we pick the next date at our meeting, so contact Diane Robinson for meeting info if you are interested in becoming acquainted with the Lydia women. You can reach her via email at dianerobinson@gmail.com or by phone 989-8097.

Upcoming events for United Methodist Women:

- Western North Carolina Conference School of Christian Missions, July 14-17, at Pheiffer University, Misenheimer, NC. The Theme is “All Things Made New.” Persons wanting more information contact Maureen Carr at 253-3316, ext. 320

Festival of Wisdom and Grace Conference will be held August 8-11

The Wisdom and Grace conference will be held August 8-11 at Lake Junaluska with the theme “One in the Spirit: Age to Age Conversations.” The conference is sponsored by the Southeastern Jurisdiction Association of Older Adults. Leonard Sweet will be the Conference Preacher and Evelyn Laycock will be Plenary Bible Study Leader. There will be several workshops. Contact Maureen Carr at 253-3316 ext 320 if you are interested.

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• Web Site www.centralumc.org
• Fax 828-254-8796

Memorial Gifts

In memory of Dick Wood by:

Tanya Alstott

Mr. and Mrs. John Davis

Kenneth and Emily Partin

In memory of Dick Wood for the Memorial Garden by:

Bruce and Betty Shipley

In memory of Peter Martin by:

Allen and Betty Boone

Lee and Donna Bowman

James Hart

William and Joyce Richmond

Worden and Barbara Kidder

Wilma Scott Boatwright

David and Ellen McDonald

Julian and Becky Aldridge

Burns and Anne Aldridge

In memory of Peter Martin for Kory Wawanaca Children's Home by:

Eunice Howard

In memory of Peter Martin for UMCOR by:

David L. Lee

In memory of Peter Martin for the Haywood Street Congregation by:

Thornton and Evelyn Hawkins

In memory of George Roberts by:

Bob and Pat Queen

In memory of George Roberts for the Music Ministry by:

Bruce and Martha Weaver

In memory of Sherry Glance by:

Stan and Sandi Holt

In memory of Ellie Daniels' mother by:

Phil and Pat Smith

In memory of Gleyln Hoffman's father by:

Phil and Pat Smith

In memory of Bill Harpe for the Music Ministry by:

Carolyn, Patsy, Ned, and Susan

8 Tipton

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*Are you receiving this Jot & Tittle in error? Please let us know.
Contact africk@centralumc.org*

How to contact our Central Staff (phone 828-253-3316)

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[ext.311, send email to: lhollowell@centralumc.org]

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[ext. 308, email: tbell@centralumc.org]

Rev. Julie Wilburn Peeler, Minister of Pastoral Care

[ext. 304, email: jwilburnpeeler@centralumc.org, 989-9659]

Jessica Tripp, Director of Christian Education (Missions)

[ext. 306, email: jtripp@centralumc.org]

Stephen Brown, Director of Youth Ministries

[ext. 305, email: stephen@centralumc.org]

Russell Nelson, Director of Music Ministries (Worship)

[ext. 302, email: rnelson@centralumc.org]

Burt Anderson, Haywood Street Campus Coordinator

Corey Powell, Music Associate/Organist, Director of Handbells

[ext. 303, email: cpowell@centralumc.org]

Suzanne Brown, Director of Brass; Evangelism Assistant

[ext. 324, email: sbrown@centralumc.org]

Mark White, Praise Worship Leader for Saturdays @ Six service

[email: pwl@centralumc.org]

Tammy Henry, Director, Weekday School

[ext. 318, email: thenry@centralumc.org]

Alan Gibson, Church Administrator

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Robyn McNeal, Business Manager

[ext. 312, email: rmcneal@centralumc.org]

Lesli Hollowell, Administrative Assistant, Capital Campaign Coordinator

[ext. 310, email: lhollowell@centralumc.org]

Maureen Carr, Parish Nurse

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Kendra Simpson, Nursery Supervisor

Phyllis Youngberg, Web page

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Anne Frick, Jot & Tittle and Bulletin

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Joe Edmonds, Building Care

Hayes Brown, Building Care [email: smoothappeal@gmail.com]

Haywood Street Congregation

Rev. Brian Combs, 246-4250 [email rev.briancombs@gmail.com]

Volunteer Coordinator, Shannon Spencer, 231-4169

[email: sspencer@uccasheville.org]