

Central UMC

Has a



for missions

The Jot & Tittle

The newsletter of Central United Methodist Church

For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.
(Matthew 5:18)

October 2, 2011

Worship Services at Central
Dr. Rob Blackburn, Senior Minister

Sunday Worship Services
at 8:45 and 10:55 am

October 2
World Communion Sunday

October 23
New Member Sunday

Saturdays at Six Worship
6:00 pm in the Fellowship Hall

A nursery is provided
during all worship services.
Sunday School classes for
all ages at 9:45 am.

Sunday worship is broadcast
on 1310 WISE-AM at 9:00 am.

The Sunday worship service is live on
www.centralumc.org (you must have
high-speed internet and Real Player).

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**Thank you to all
who participated in the
Health Fair.**

Blessing of the Animals service **Sunday, October 2, at 4:00 pm**

Join us for the Blessing of the Animals worship service on Sunday, October 2, at 4:00 pm at Central United Methodist Church. We will have a brief worship service to give thanks to God for God's creatures, especially our pets who give us joy and help us to understand God more fully.



The service will be held outdoors near the front of the church at 4:00 pm. We simply ask that all pets come to the worship service leashed and/or contained. We welcome all sorts of animals, domesticated and exotic!

Last year, Julie brought her rooster, Big Red. She challenges someone to bring an even more exotic animal to be blessed this year!

There will be a reception following the service with treats for humans and our furry friends too! We also encourage everyone to bring pictures, stories, and mementos about your pet. We will use them in the service.

300 pounds of candy needed for Fall Festival!

We are collecting bags of individually wrapped candy and small prizes for our annual Fall Festival on October 23.

Please bring a bag of candy for the children and leave it at the Reception Desk. Thank you.

Inquirers Class having a yard sale October 8

Everyone is invited to the Inquirers Class yard sale on Saturday, October 8, from 8:00 am to 2:00 pm. It will be held, rain or shine, at the home of Alton and Linda Day, 7 Edgewater Lane, Asheville, NC 28804.

There will be lots of great buys so come support our class and know that all of the proceeds will be used to help others here in our community.

If you have items you would like to donate for the sale, contact Linda Day at 254-3294 to arrange pickup.



Fall Festival and Chili Cook-off will be Sunday, October 23

Join us on Sunday afternoon, October 23, for an afternoon of festival fun and church fellowship. The Fall Festival will begin at 4:00 pm with carnival games, arts and crafts, giant inflatables, face painting, balloon twisting artists, trick-or-treating, and more. Wear your costume and bring a bag for treats!



Beginning at 5:15 we will have Rob's famous cake walk on Church Street! This is always a favorite so be sure to bring plenty of cakes, cookies, and other dessert treats for this event. Cake and goodies can be brought to the Fellowship Hall that morning or brought to the event. Please call 253-3316 to let us know that you will be bringing a dessert.

Beginning at 6:00 we will enjoy a chili supper. We will receive chili in the Fellowship Hall that afternoon. Tables and labels will be clearly marked for you to number your chili and keep it warm. This is a fun contest with prizes awarded to the winners so we need lots of chili entries! Hot dogs will also be provided for the kids.

So bring your neighbors, family, and friends and join us for a fun fall celebration.

Parents of college students—we need addresses

Parents, please send in your college student's mailing address. The Higher Education Committee meets several times a year to mail a package to our college students.

Parents, **the mailing list starts new each year** so even if you sent an address last year, we need for you to send it again this year. If your child is in college, we would like to keep in touch with him or her. Please take a minute to call the church office 253-3316 with your child's address or email Alan Gibson at agibson@centralumc.org.



If you want your child to receive a "goodie" package from Central, you must send the address to the church right away.

Save Campbell's soup labels to help the Weekday School

You can help Central Weekday School by saving your Campbell's soup labels! Please place labels in an envelope or bag marked 'Tammy Henry' at the Reception Desk. Thank you for helping us receive new classroom supplies!

Jot & Tittle deadlines

October 5 is the deadline for the October 16 issue

October 26 is the deadline for the November 6 issue

Please mail articles and information to Anne Frick at the church, leave notices in her mail box at the Reception Desk, or email info to her at: africk@centralumc.org. All material is subject to editing.

Foods for ABCCM:

canned beef stew, tuna, spaghetti and sauces, jelly (ABCCM includes these items in food bags given to hungry families in need)

[ABCCM can break down larger packages if you prefer to buy items in bulk]

Bring food items to large box the Fellowship Hall

2011 budget update

As of September 11 our Central congregation has given \$1,170,086 to support our ministries and the operating budget. Thank you!

(This is up \$122,192 from the same time last year.)

New all-women's Sunday School class: What's your Story?

Join us for a new, **all Women's Sunday school class** beginning September 18. This group will begin by studying famed author Max Lucado's *God's Story, Your Story*. This study asks, "Is there a cohesive storyline to your life's daily drama?"

"In *God's Story, Your Story*, you will be inspired to see how your own day-to-day story intersects with God's grand, overarching epic of everlasting redemption. Your journey of faith will come alive as you explore the divine narrative in New Testament and contemporary characters and discover how the Bible reveals God's plans for you today. With personal warmth and heartfelt examples, Max peels back the chaos and confusion of your story to reveal God's loving and orderly purpose and perspective.

Whether you are a Bible teacher or a fellow God-seeker, you'll discover how seeing your life as a chapter in this divine narrative enables you to trust your heavenly Father through any crisis that comes. According to Lucado, Your story indwells God's...Your life emerges from the greatest mind and the kindest heart in the history of the universe: the mind and heart of God."

For more information about this Sunday school, class please contact Kathryn Purnell at 450-1799.



Shining Lights Journey Group welcomes new members

The Shining Lights women's Journey Group has openings for new members. Our monthly meetings are held on the 1st and 3rd Tuesdays from 2:00 to 3:30 pm. We would love to share our friendship and faith as we begin a new study and discussion on October 18. Our N. T. Wright study on Ephesians promises to give us a "bird's eye view of one theme after another within early Christian reflection."

Please call Kitty McKeithen at 828-257-4018 or email kittymckeithen@bellsouth.net for information.

Congregational Care Concerns

Should you have pastoral care needs or know of someone in the hospital, please contact Rev. Julie Wilburn Peeler at 989-9659 or Maureen Carr, our Parish Nurse, at the church 253-3316.

Introducing Central Cancer Care Team (CCCT)

Our mission is to share the love of Christ by reaching out to those in our church and community who are struggling with or have been impacted by a cancer diagnosis. We will have a monthly gathering with special guest speakers to discuss particular topics throughout 2011-2012.

Everyone is invited to be a part of any Central Cancer Care Team gathering. You don't have to be a member of our church or have been diagnosed with cancer. Cancer affects all of us. Everyone is welcome to be a part of this important ministry to our church and community!

There is a Visitation Team for CCCT is available to help. If you have recently been diagnosed with cancer or have been impacted by cancer in any way and feel like you need a friend to share your struggles with or to visit with you in the hospital, home, or treatment center, we now have a group of trained experienced folks who would love to connect with you. Please call Julie Wilburn Peeler for more details: 989-9659.

Next CCCT program is Thursday, October 20

The Central Cancer Care Team next gathering will be on Thursday, October 20, at 6:30 pm in the Fellowship Hall. Misty Guinn with the YMCA will present the YMCA's Livestrong program.

More information will be coming but save this date and plan to attend.

I appreciate all your support and encouragement with this new ministry.

Wonderful Wednesdays are back!

Everyone is invited to attend the Wonderful Wednesdays dinner and activities. Dinner begins at 5:00 pm in the Fellowship Hall. Adults are \$7 each and children are \$4.

So that we can be good stewards of the church's resources, reservations are a must. Please call 253-3316 to make dinner reservations no later than 4:00 pm on Tuesday. Another option is to be placed on the Permanent Reservations list so that you will not have to call each week.

If you are on the Permanent list, please be sure to call and let us know when you are **not able to come**.

There are Wednesday night activities for children, youth, and adults

Nursery for children under 2 from 5:30 to 8:30 pm

Sunshine Arts for children ages 2 and 3 years old from 6:00 to 7:00 pm

Cherub Choir for children age 4 through Kindergarten from 6:00 to 7:00 pm

Children's Choir for children in grades 1-5 from 6:00 to 7:00 pm

Youth Bible Study in the Youth Area from 6:00 to 7:00 pm

Mind-Body Skills Development Class

Led by: John Simmons, M.D. and The Rev. Heidi Campbell-Robinson

We all experience STRESS, but don't always know healthy ways to address it. Join the Mind-Body-Spirit Skills Development Class to learn how to become healthier, more relaxed, and centered.

Manna and Mercy Bible Study

Led by: Rev. Julie-Wilburn Peeler

Join me on a journey through scripture with Daniel Erlander, the author of *Manna and Mercy: A Brief History of God's Unfolding Promise to Mend the Universe*. Brian McClaren has written that one of the defining characteristics of emerging Christianity is a desire to understand the broad story of the Bible. Though the scriptures were composed across an amazingly long span of history and by numerous authors, the Bible has an astonishingly unified narrative at its core.

The Hole in the Gospel

Led by: Chad Roope and Joe Farris

This is a story of how a corporate CEO faced his own struggle to obey God whatever the cost, and his passionate call for Christians to change the world by actively living out their faith.

Proactive Parenting Class begins October 5

Led by Dr. Lissy Gloeckler and Michele Lemell

"As adults, we must ask more of our children than they know how to ask of themselves...show them ways they can reach out, weave themselves into the web of relationships that is called community." (quote by Dawna Markova) Join us for the four-part series "Proactive Parenting" and gather with other parents as we seek to teach our children to value and care for themselves and others.



The Prodigal Sons singing group performs on October 14 to benefit New Life Center

Many of you have heard the wonderful gospel music and songs of the Prodigal Sons, a group made up of inmates at Buncombe Correctional Center under the direction of Chaplain Steve Plemmons. Now there is an opportunity to hear them again on Friday, October 14, at 7:00 pm at First Baptist Church here in Asheville.



In addition to the current group of singers, there will be music by former BCC inmates as well.

Everyone is invited to come enjoy this special evening of music and inspiration. The concert is free but a love offering will be taken. This offering benefits the New Life Center project to construct a religious/education building (a multipurpose chapel) at Buncombe Correctional Center.

If you have questions or need more info, contact Micki Cabaniss at 277-0998 or visit www.bcc-crc.org.

Kairos #7 Prison Ministry Weekend is October 20-23

Four Central UMC members are among the 55 or so volunteers from many different denominations in WNC who all share the desire to follow Christ's admonition of Matthew 25:36 "I was in prison and you visited me." These volunteers have been and are meeting regularly for spiritual and logistical training in order to lead the seventh Kairos weekend at Marion Correctional Institute (MCI).

Marion Correctional Institute is a close custody institution for 806 adult males. Out the many applications received, 42 participants will be selected for the Kairos MCI #7 weekend, to be held October 20 thru 23.

In order to make this weekend the same success as Kairos #1 thru #6, we need your help again.

• First, and most important, **pray for the inmates**. Prayer is the foundation of the Christian ministry and therefore the foundation of the Kairos ministry. Visit <http://3dayol.org/Vigil/GetVigil.phtml?pvid=4668&commid=1474> and select a time slot when you will be praying for these men. The prayer partner names will be shown on "prayer wheels" and inmates are moved, knowing that they are lifted up in prayer 24 hours per day during their entire weekend.



• Second, **we need the "Cookie bake" again**. Every day during the weekend, the Kairos team will hand out, with the love of Christ, a dozen of homemade, prayed over, cookies to every inmate in their cell and all participants can indulge themselves on a pile of cookies on their table. For the cookie bake instructions and recipes, visit <http://www.kairosprisonministry.org/templates/System/details.asp?id=23761&PID=151434>, or pick up a copy from Jessica Tripp. Again, the key ingredient to the cookies is prayer.

• Third, the men can see the Body of Christ through the tangible display of posters. Be part of stepping into the prison thru your expression of Christ love by making a poster. Posters can be of any size, from 8½ x 11 up to poster board size. Posters are an excellent way for Sunday school classes (adult and children) to participate?

• Fourth, **buy an inmate participant a meal**. A meal ticket, showing the first name of the sponsor is placed on the placemat with their meal. The average cost of a meal is \$5.00 and a check can be made out to N.C. Kairos. A team of volunteers prepares lunches and dinners in Glenwood Baptist Church's kitchen, a church nearby MCI. These meals are served to the participants and placed on placemats decorated by the children from Central UMC and other churches.

• Fifth, **would you like to visit the prison?** Every one is encouraged to attend the weekend closing and witness how the Holy Spirit works in prison. You would have to be at MCI's gate, Sunday, October 23, at 2:00 pm. Contact Stewart Humphrey at jshumphrey1@hotmail.com or 645-0935 for needed security information.

Cookies, posters, placemats, and meal donations should be at Central, by Wednesday, October 19, before 7:00 pm at the latest.

Thank you, Central, for showing Christ's love to those who are physically and spiritually incarcerated. For more information on Kairos visit <http://www.kairosprisonministry.org/>, contact Jessica Tripp jtripp@centralumc.org or Stewart Humphrey jshumphrey1@hotmail.com.

Don't forget: New Life Center Golf Tournament is October 15

The second annual New Life Center Golf Tournament is Saturday, October 15, at the Asheville Municipal Golf Course. The entry fee is \$50 per person which includes lunch. Proceeds go toward the building the New Life Center. Contact Mary Pitts at 684-6354 to sign up.

Outreach

Room in the Inn will be at Central October 2—9

Room in the Inn is a faith-based program, offering three meals daily and nighttime shelter for up to twelve homeless women. All of the guests at RITI complete a screening process before participating in the program. The women come into a new host church each week, beginning Sunday evening and moving to another on Sunday a week later.

In addition to overnight hosts, the churches provide breakfast, a bag lunch, and dinner each day of the week; movies or other casual activities; and a safe, comfortable place to sleep.

This week Central will partner with Trinity Episcopal and St. Lawrence Basilica. The ladies will sleep at Central. St. Lawrence will provide all the meals for the week, so **Trinity and Central will only need to provide the overnight volunteers.**

Please look for sign-up sheets that will be posted on the standing bulletin board outside of the Sanctuary. For anyone wanting to help for the first time or needing more information, please call Scott Abernethy at 684-8180 and she will be glad to answer any questions.



Children's Ministry

Children's Discipleship Group

A discipleship small group for 3rd – 5th graders

This fall we will enter the third year of our Children's Discipleship Group. This program is designed to take children through a four year discipleship study, beginning in the 3rd grade and ending after completing confirmation (6th grade). This program is designed to move children toward spiritual maturity as they build relationships within a small group Bible study that will help them to Know Christ, Grow in Christ, Serve Christ and Share Christ.

This discipleship program encourages 3rd — 5th graders to explore their faith through study, discussion, prayer and activities. This year, during our small group gatherings we will study the life and ministry of John through "the Beloved Disciple study for children."

This group meets the 1st and 3rd Thursday of each month from 5:30—7:15 pm and is hosted in the home of Leigh and David Young (172 Wembley Road, Asheville 28804). We will have dinner, which different parents will provide for each meeting, followed by fellowship and Bible study.

Transportation is available from the church, leaving from the back parking lot at 5:15 pm and returning at 7:45. If you need transportation from the church, please indicate that when you register.

To register your child please contact Jessica Tripp at 253-3316 or jtripp@centralumc.org.

Schedule for 2011-2012:

October	6 and 20
November	3 and 17
December	1 and 15
January	5 and 19
February	2 and 16
March	1 and 15
April	No CDG April 5 (Maundy Thursday service), we will meet April 19
May	3 and 17 (end of the year party)



Destination Unknown

A confirmation class team building, adventure series

The confirmation journey has begun. I am looking forward to another year of new friendships and deepened faith as we journey through confirmation together. Destination Unknown is the fall semester of confirmation based on building community within the group. We will meet each Sunday evening through the end of October from 4:00-7:00 pm.

For more information please contact Jessica Tripp at 253-3316 or jtripp@centrlumc.org.

Parish Nurse / Older Adult Ministry

Tips on Caring for Aging Parents

Be prepared before a crisis hits. Here are some tips to keep in mind:

1. Involve your parents in decision making.
2. Discuss end-of-life issues as soon as possible.
3. Know where the most important documents are.
4. Write a post-acute-care plan.
5. Talk to any other family members about taking on roles.
6. Assess the accessibility of your parents' living quarters.
7. Research your parents possible VA, Medicaid and Medicare benefits.
8. Find the support networks available in your parents community.
9. If your parent is homebound or in a nursing home, visit them frequently at all times of the day.
10. If your parent denies that a problem exists or is suffering from dementia, take them to their doctor and let the doctor tell them.
11. Take care of yourself.
12. Begin thinking about your own future.



—John Shorb, editor of Hope and Healing.org

How are your blood pressure readings? Come October 9 and see

There will be a blood pressure screening on Sunday, October 9, from 9:30-10:45 am in the Senior Resource Center which is located behind the Reception Desk. Elevated blood pressure raises your heart disease risk plus can affect your eyes, and kidneys.

United Methodist Women

The **Deborah Circle** will meet Sunday, October 2, at 2:00 pm.

The **Ruth Circle** will meet Monday, October 3, at 2:00 pm at Givens Estates in the Asbury Hall dining room. This will be the tea party.

The **Martha Circle** will meet Thursday, October 13, at 7:00 pm at the home of Heather Cree. We are always welcoming new members! Please contact Alexandra Holland alexandra@wncnature.com or 280-1470 for more information.

Central United Methodist Women Unit Meeting on Sunday, October 9

There will be a United Methodist Women Unit Meeting on Sunday, October 9, after the second service in the Fellowship Hall. We will have a covered dish lunch, so everyone bring a favorite dish. It is important for persons to make reservations by calling the church at 253-3316.

Renee Bromfield, Director of Community Services from Bethlehem Center will be our quest speaker. Our Hands On Project will be that everyone bring canned goods for a Thanksgiving Dinner for Bethlehem Center.

Come and hear about one of our Methodist Institutions. If there are any questions, call Maureen Carr at 253-3316. 7

October 2, 2011
Vol. 35 No. 19

Jot & Tittle (USPS 005-511) Published twice monthly by Central United Methodist Church
Periodical postage paid at Asheville, NC • ISSN 1052-7966 • Postmaster: Send address changes to Jot & Tittle,
Central United Methodist Church,
27 Church Street • Asheville, NC 28801
• Phone 828-253-3316
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• Web Site www.centralumc.org

Sympathy

Our sympathy and prayers are with Maggi Bailey and her family on the death of her father, John Neblett, on September 9.

Our sympathy and prayers are with Leigh Conway Armistead and her family on the death of her father, Steve Conway, on September 22.

Our sympathy and prayers are with Joy Minton and her family on the recent death of her mother.

Remembering
without ceasing
your work of faith,
and labour
of love....

1 Thessalonians 5:13



PERIODICAL
ADDRESS SERVICE REQUESTED
Postmaster: Send address changes to
JOT & TITTLE, 27 Church Street,
Asheville, NC 28801-3303.

*Are you receiving this Jot & Tittle in error? Please let us know.
Contact africk@centralumc.org*

How to contact our Central Staff (phone 828-253-3316)

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[ext.311, send email to: lhollowell@centralumc.org]
Dr. Tony Bell, Executive Pastor (Evangelism and Journey Groups)
[ext. 308, email: tbell@centralumc.org]
Rev. Julie Wilburn Peeler, Minister of Pastoral Care
[ext. 304, email: jwilburnpeeler@centralumc.org, 989-9659]
Jessica Tripp, Director of Christian Education (Missions)
[ext. 306, email: jtripp@centralumc.org]
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[ext. 302, email: rnelson@centralumc.org]
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[ext. 303, email: cpowell@centralumc.org]
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Ed McGowan, Building Care

Haywood Street Congregation

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Volunteer Coordinator, Shannon Spencer, 231-4169
[email: sspencer@uccasheville.org]