

Central UMC

Has a



for missions

The Jot & Tittle

The newsletter of Central United Methodist Church

For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.
(Matthew 5:18)

September 18, 2011

Worship Services at Central
Dr. Rob Blackburn, Senior Minister

Sunday Worship Services
at 8:45 and 10:55 am

September 18
Third Grade Bible Sunday

September 25
New Member Sunday

Saturdays at Six Worship

6:00 pm in the Fellowship Hall

A nursery is provided
during all worship services.
Sunday School classes for
all ages at 9:45 am.

Sunday worship is broadcast
on 1310 WISE-AM at 9:00 am.

The Sunday worship service is live on
www.centralumc.org (you must have
high-speed internet and Real Player).

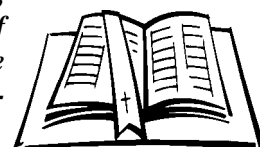
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Join us September 30 and October 1 to welcome back Dr. Mickey Efirid as he leads us in a study on Wisdom Literature

Wisdom Literature: In the early post exilic period of Hebrew history (ca. 500-350 BC) the religious leaders of Israel developed a more in-depth religious thought pattern which is usually designated as "wisdom." Most of this development and literature was designed to speak to the problems and issues facing the Jewish people as they struggled to reestablish themselves into the land of Judah upon their return from Babylonia.

The books of Job, Ecclesiastes, Ruth, Jonah, Esther, as well as others emerged from this period of Israel's history. In this study we shall examine these books and their historical settings as well as their religious and theological teachings.



Make your reservation now to attend this dinner and study. You can reserve your space by calling the church office at 253-3316. Dinner will be served on Friday night at 6:00 with the study to follow from 7:00-9:00 pm. Light breakfast refreshments will be served Saturday morning beginning at 8:30 am with the study to follow from 9:00-12:00.

"All Natural Ingredients" has pre-service music on Saturday, September 17

On Saturday, September 17, "All Natural Ingredients," a band consisting of three Central members Allen Hayes, Martha Weaver, and Carl Wilcox along with Dennis Lundblad, will give a pre-service concert in the Fellowship Hall beginning at 5:30 pm and ending at 6:00 pm just in time for worship!

They will also lead music during the regular worship service from 6:00 until 7:00 pm! Come just as you are to worship, and come a half hour early if you want to attend the casual concert. Can't wait to see you there!

Fall Festival on Sunday, October 23

We'll need lots of candy for the children

Mark your calendar and get that costume ready...the Fall Festival will soon be here! To prepare for this fun-filled annual event we need LOTS OF CANDY! Please bring your donation by the church office.

We also need volunteers to run the various game booths. If you can lend a hand setting up, cleaning up or running a booth, please contact Jessica Tripp.

Central Happenings

A Time to Remember; a Time to Prepare

In the rush of the start of school, football, and fall activities, we fail to note that September is National Preparedness Month. September is set aside by the Federal Emergency Management Agency to as a time to remind citizens of the events of 9-11-2001, and to prepare for the emergencies we may face. This year's theme is "A Time to Remember; a Time to Prepare."



Recent events—an earthquake and a hurricane—remind us that we should always be ready for these events can happen anytime, anywhere. Simple steps, like having drinking water and flashlights, can make a difference. Review your Emergency Preparedness Instructions, and be ready.

We have just observed the solemn the tenth anniversary of the September 11 terrorist attacks—we should remember the thousands of lives lost and the people whose lives were changed forever. We also honor the heroism of all first responders including fire fighters, law enforcement and emergency medical services, and our citizens who responded selflessly in the face of terror.

—Submitted by Clinton Smoke

Parents of college students—we need addresses

Parents, please send in your college student's mailing address. The Higher Education Committee meets several times a year to mail a package to our college students.

Parents, **the mailing list starts new each year** so even if you sent an address last year, we need for you to send it again this year. If you child is in college, we would like to keep in touch him or her. Please take a minute to email or call Lesli Hollowell with your child's address.

If you want your child to receive a "goodie" package from Central, you must send the address to Lesli Hollowell at the church right away. Her email is lhollowell@centralumc.org or you can put it in her mailbox at the Reception Desk. Thank you.



Save Cambell's soup labels to help the Weekday School

You can help Central Weekday School by saving your Campbell's soup labels! Please place labels in an envelope or bag marked 'Tammy Henry' at the Reception Desk. Thank you for helping us receive new classroom supplies!

Everyone is invited: Community Lunch on Monday, September 19, at 11:45 am

There will be a Community Lunch Monday September 19, from 11:45 am -1:00 pm at the Haywood Street campus. The menu is roast beef with carrots and potatoes, green peas, rolls, dessert, fruit and beverages.

Ginger Haselden from Central will provide the entertainment. All are welcome, come enjoy the good food and fellowship.

Jot & Tittle deadlines

September 21 is the deadline for the October 2 issue

October 5 is the deadline for the October 16 issue

Please mail articles and information to Anne Frick at the church, leave notices in her mail box at the Reception Desk, or email info to her at: africk@centralumc.org. All material is subject to editing.

Foods for ABCCM:

canned beef stew, tuna, spaghetti and sauces, jelly
(ABCCM includes these items in food bags given to hungry families in need)

[ABCCM can break down larger packages if you prefer to buy items in bulk]

Bring food items to large box the Fellowship Hall

2011 budget update

As of September 4 our Central congregation has given \$1,146,314 to support our ministries and the operating budget. Thank you!

(This is up \$125,641 from the same time last year.)

Blessing of the Animals service Sunday afternoon, October 2

Join us for the Blessing of the Animals worship service on Sunday, October 2, at 4:00 pm at Central United Methodist Church. We will have a brief worship service to give thanks to God for God's creatures, especially our pets who give us joy and help us to understand God more fully.



The service will be held outdoors near the front of the church at 4:00 pm. We simply ask that all pets come to the worship service leashed and/or contained. We welcome all sorts of animals, domesticated and exotic! **Last year, Julie brought her rooster, Big Red. She challenges someone to bring an even more exotic animal to be blessed this year!**

There will be a reception following the service with treats for humans and our furry friends too! We also encourage everyone to bring pictures, stories, and mementos about your pet. We will use them in the service.

Inquirers Class having a yard sale October 8

Everyone is invited to the Inquirers Class yard sale on Saturday, October 8, from 8:00 am to 2:00 pm. It will be held, rain or shine, at the home of Alton and Linda Day, 7 Edgewater Lane, Asheville, NC 28804. There will be lots of great buys so come support our class and know that the proceeds will be used to help others here in our community.

If you have items you would like to donate for the sale, contact Linda Day at 254-3294 to arrange pickup.

Central's Annual Health Fair is Sunday, September 25

See page 11 for more details.

Music Ministry

Come join the Wesley Singers

Wesley Singers invites you to sing! Our newest addition to the Music Ministry is our choir for adults that meets each Tuesday at 2:00 pm. This group is geared towards those who are retired and want to be a part of a group that meets during the daytime, and sings about once a month in church. We sing a wide variety of music, and we enjoy the fellowship of being together.

You do not have to be an experienced musician to join...all you need is a love of music! For more information, contact Russell Nelson at rnelson@centralumc.org or 253-3316. Our schedule: We will rehearse on Tuesdays, September 13 through November 15 (except no rehearsal on October 11). We will sing in church on October 9 and November 20.

It's not too late to join a Music Program

If you sing or play an instrument, now is a great time to join the Music Ministry! We have a full year of graded music programs, and we're ready to begin. All groups, information, and start dates are listed below.

Wesley Singers (Adults) Practice on Tuesdays at 2:00 pm in the Choir Room. Contact Russell Nelson

Chancel Choir (Adults and high school students) Practice on Wednesdays from 7:00-8:30 pm in the Choir Room. Contact Russell Nelson rnelson@centralumc.org

Youth Choir (Youth, grades 6-12) Practices on Sundays at 4:15 pm in the Choir Room. Begins Sunday, September 18. Contact Russell Nelson

Chancel Bells (Adults and high school students) Practices on Wednesdays at 6:00 pm in the Bell Room. Contact Corey Powell cpowell@centralumc.org *Music reading skills required*

Brass Ensemble (Adults and youth) Practices on Thursdays at 7:00 pm in the Choir Room. Begins Thursday, September 15. Contact Suzanne Brown sbrown@centralumc.org

Cherub Choir (Children age 4 through Kindergarten—must turn age 4 by October 15) Practices on Wednesdays at 6:00 pm in Room 206. Contact Kelli Brown Mullinix mullinixkelli@hotmail.com

Children's Choir (Children in grades 1-5) Practices on Wednesdays at 6:00 pm in the Choir Room. Contact Russell Nelson



Learning and Growing

New all-women's Sunday School class: What's your Story?

Join us for a new, **all Women's Sunday school class** beginning September 18. This group will begin by studying famed author Max Lucado's *God's Story, Your Story*. This study asks, "Is there a cohesive storyline to your life's daily drama?"

"In *God's Story, Your Story*, you will be inspired to see how your own day-to-day story intersects with God's grand, overarching epic of everlasting redemption. Your journey of faith will come alive as you explore the divine narrative in New Testament and contemporary characters and discover how the Bible reveals God's plans for you today. With personal warmth and heartfelt examples, Max peels back the chaos and confusion of your story to reveal God's loving and orderly purpose and perspective.

Whether you are a Bible teacher or a fellow God-seeker, you'll discover how seeing your life as a chapter in this divine narrative enables you to trust your heavenly Father through any crisis that comes. According to Lucado, Your story indwells God's...Your life emerges from the greatest mind and the kindest heart in the history of the universe: the mind and heart of God."

For more information about this Sunday school, class please contact Kathryn Purnell at 450-1799.



Our Methodist Connections

A characteristic of the United Methodist Church is its "connectedness."

This means that Central UMC does not stand alone. We are part of the Asheville district, which is part of the Western North Carolina conference, the Southeastern Jurisdiction, and the General [worldwide] conference—all of our churches are connected.

This article highlights actions and events that will affect our local church.

The 2011 annual meeting of the Western North Carolina Conference (WNCC) at Lake Junaluska began Wednesday, June 8, and continued through Sunday morning, June 12. Over 2,000 registered delegates (half clergy and half laity) attended, including Central's six delegates: Rob Blackburn, Tony Bell, Julie Wilburn Peeler, Donna Broadwell (alternate for Marcia Applegate who was unable to attend), Steve Noblitt, and William E. (Willie) Greene. Several other members of Central attended either as Conference at large delegates, retired clergy, or guests. Bishop Larry Goodpaster presided.

Worship services were conducted every morning and evening and many informative Disciple Dialogues and Holy Conversations were sandwiched among numerous plenary sessions. Twenty elders and 5 deacons were ordained in full connection, 27 provisional clergy members were commissioned, and 14 newly licensed local pastors were recognized as were 39 retired clergy. Happily, the Bishop continued the appointments of Rob, Tony, and Julie to Central.

Following much discussion and many questions and answers, the Conference finally adopted a 2012 budget of \$14,353,102.00 (\$8,060,710.00 for Conference funds plus \$6,292,392.00 for General Church funds) which is slightly less than the 2011 budget. Also approved was the recommendation to reduce the number of Conference districts and superintendents from 15 to 8 beginning in January 2013; new district boundaries, administration duties, etc. will be defined by a team to be appointed by Bishop Goodpaster.

Election of 22 delegates (half clergy and half laity) to the April 2012 General Conference (GC) in Tampa, another 22 (also half and half) to the July 2012 Southeastern Jurisdictional Conference (SEJC) at Lake Junaluska plus another 12 (also half and half) as reserve delegates to the SEJC required multiple votes and considerable time. Of their 22 GC and SEJC delegates, the clergy elected only 3 who had not previously served as such a delegate; the laity only did slightly better electing just 4 who had not previously so served. I was honored by being elected a SEJC lay delegate. At their organizational meeting on Sunday, June 12, the entire delegation unanimously endorsed Dr. Ken Carter, delegation chair and Waynesville District Superintendent, as their episcopal nominee for election at the 2012 SEJC.

Of the 35 petitions submitted, 18 on the consent calendar plus 3 of a routine nature were adopted along with only one other after much debate and several amendments; the remaining 13 (most if not all controversial) because conference plenary time had expired were necessarily referred to The Connectional Table per new Rule # 27. The one petition, which was adopted after much debate and several amendments, was a petition to the 2012 GC to replace existing Resolution # 3425 with a resolution opposing habitual cruel overbearing behavior.

It has again been an honor and pleasure to serve as one of Central's lay delegates to the WNC Annual Conference.

William E. (Willie) Greene, delegate

Grace Life Conference at Central September 23 and 24

There will be a conference on Friday and Saturday, September 23 and 24, taught by Mark Maulding, Founder of Grace Life International Ministry of Charlotte. The conference is a practical, Biblical explanation of how to stop depending on yourself and start depending on Christ in you.

You also learn your identity in Christ through God's Grace and learn that it is possible to live the "Victorious Christian Life" now. Topics covered at the conference will be: God's greatest purpose for us, Our greatest enemy (the nature of the flesh), Both sides of the cross, The love of God, Spiritual brokenness, The believer's new identity, and Living the exchanged life.

This conference is for those hungry for a deeper relationship with God and for those wrestling with emotional struggles, marital difficulties, destructive habitual sins, parenting problems, spiritual strongholds, and more. There is no fee. Conference manuals are recommended but not required. Cost of the manual is \$15.00.

A love offering will be taken. The conference hours will be Friday 6:30-9:30 pm and Saturday 9:00-12:30. Please contact Jean Nesbitt to register or if you have any questions, 828-230-9172 or jeannesbitt53@yahoo.com.

Saturday SONday School Class has begun

Join us Saturday afternoons from 4:45 to 5:45 for a study based on Steve McVey's book *Grace Walk* led by Joe and Jean Nesbitt. The class will meet weekly before the Saturdays at Six worship.

"Nothing you have ever done, nothing you could ever do, will match the incomparable joy of letting Jesus live His life through you. It is what makes the fire of passion burn so brightly in new believers. And it is what causes the light of contentment to dance in the eyes of mature believers who have learned the secret of the Grace Walk. If you know how to live it, you'll be strengthened by the depth of Steve McVey's insights. If you long for it, you can begin today!"

If you are interested in participating, please contact Jean Nesbitt 828-230-9172 jeannesbitt53@yahoo.com so a study book can be ordered for you.

Prison Ministry

Letters to Central from Buncombe Correctional Center

Inmates in the Disciple Bible Study sent these notes:

To our brothers and sister at the Central United Methodist Church,

Just a note to show our appreciation of the resources you have purchased and donated for our Disciple Bible Study. And a special thanks to the members who faithfully volunteer each week to facilitate as we dig deep into God's Word and fellowship. Thank you for allowing this opportunity and blessing us.

Kevin, Samuel, James

Thank you for everything. Without you all I will not be able to have the grasp of the Love of God! Thank you for all of your support and for all of your prayers. In Christ,

Mark

Thank you for everything. In Christ,

Charles



Keith Carver sent the following. He has been a faithful Disciple class participant at Buncombe Correctional Center for the last 3 or 4 years (he has still 2 or more years to go.) Thank you Central for supporting the Disciple Bible Study.

—Submitted by John Klees

"I'm a born-again Christian, but I'd drifted away from my Lord Jesus and therefore got myself into trouble. However, I got right with God before I was ever sentenced. I don't have a long time to serve in prison but I know I had to be broken down in order to come to my senses.

It's hard to believe I'm taking it so well. I've just turned it all over to the Lord and I've got such a hunger to absorb His teachings. Sometimes I just can't read your disciple literature fast enough to see what is said next.

May God bless you in your work for Him."

Keith

Congregational Care Concerns

Should you have pastoral care needs or know of someone in the hospital, please contact Rev. Julie Wilburn Peeler at 989-9659 or Maureen Carr, our Parish Nurse, at the church 253-3316.

Introducing Central Cancer Care Team (CCCT)

Our mission is to share the love of Christ by reaching out to those in our church and community who are struggling with or have been impacted by a cancer diagnosis. We will have a monthly gathering with special guest speakers to discuss particular topics throughout 2011-2012.

Everyone is invited to be a part of any Central Cancer Care Team gathering. You don't have to be a member of our church or have been diagnosed with cancer. Cancer affects all of us. Everyone is welcome to be a part of this important ministry to our church **and** community!

There is a Visitation Team for CCCT is available to help. If you have recently been diagnosed with cancer or have been impacted by cancer in any way and feel like you need a friend to share your struggles with or to visit with you in the hospital, home, or treatment center, we now have a group of trained experienced folks who would love to connect with you. Please call Julie Wilburn Peeler for more details: 989-9659.

Outreach

Room in the Inn coming to Central October 2—9

Room in the Inn is a faith-based program, offering three meals daily and nighttime shelter for up to twelve homeless women. All of the guests at RITI complete a screening process before participating in the program. The women come into a new host church each week, beginning Sunday evening and moving to another on Sunday a week later.

In addition to overnight hosts, the churches provide breakfast, a bag lunch, and dinner each day of the week; movies or other casual activities; and a safe, comfortable place to sleep.

This week Central will partner with Trinity Episcopal and St. Lawrence Basilica. The ladies will sleep at Central. St. Lawrence will provide all the meals for the week, so **Trinity and Central will only need to provide the overnight volunteers.**

Please look for sign-up sheets that will be posted on the standing bulletin board outside of the Sanctuary. For anyone wanting to help for the first time or needing more information, please call Scott Abernethy at 684-8180 and she will be glad to answer any questions.



Wonderful Wednesdays

Wonderful Wednesdays are back!

Everyone is invited to attend the Wonderful Wednesdays dinner and activities. Dinner begins at 5:00 pm in the Fellowship Hall. Adults are \$7 each and children are \$4.

So that we can be good stewards of the church's resources, reservations are a must. Please call 253-3316 to make dinner reservations no later than 4:00 pm on Tuesday. Another option is to be placed on the Permanent Reservations list so that you will not have to call each week.

If you are on the Permanent list, please be sure to call and let us know when you are **not able to come.**

There are Wednesday night activities for children, youth, and adults

Nursery for children under 2 from 5:30 to 8:30 pm

Sunshine Arts for children ages 2 and 3 years old from 6:00 to 7:00 pm

Cherub Choir for children age 4 through Kindergarten from 6:00 to 7:00 pm

Children's Choir for children in grades 1-5 from 6:00 to 7:00 pm

Youth Bible Study in the Youth Area from 6:00 to 7:00 pm

Adult small group classes announced for Wonderful Wednesdays

To sign up for a study opportunity, contact Jessica Tripp at 253-3316 or use the sign-up sheets with class descriptions and times located near the Welcome Desk in the main entrance to the Education Building

Manna and Mercy Bible Study

Led by: Rev. Julie-Wilburn Peeler

Join me on a journey through scripture with Daniel Erlander, the author of *Manna and Mercy: A Brief History of God's Unfolding Promise to Mend the Universe*. Brian McClaren has written that one of the defining characteristics of emerging Christianity is a desire to understand the broad story of the Bible. Though the scriptures were composed across an amazingly long span of history and by numerous authors, the Bible has an astonishingly unified narrative at its core.

Manna and Mercy is a very creative approach to reading scripture. Barbara Lundblad in *Currents in Theology and Mission* August 2003 wrote,

“The Bible as manna and mercy: This understanding of gospel embracing both justification and justice permeates every page of Dan Erlander's book *Manna and Mercy*. The book's subtitle far surpasses Erlander's customary humility: ‘A Brief History of God's Unfolding Promise to Mend the Entire Universe.’ (Of course, he's speaking of God, not himself!) This book is a wonderful model for what I will call ‘full-gospel preaching.’ Not content to speak only of individual salvation, Erlander begins with the whole universe. Gospel is not only mercy for sinners and outcasts but manna for everyone. The meaning of Jesus' life, death, and resurrection is framed within the whole, untamable text of creation and covenant. This book is an ongoing conversation between the two testaments rather than a supercessionary line where the new overcomes the old. His attentiveness to the day of Pentecost includes all of Acts 2—from the gift of the Spirit to the sharing of property—manna and mercy for all.”

You are encouraged to color in your book and while it may look like it is written for small children, don't be fooled! His approach to the interpretation of scripture will open all our eyes to new things and a fresh perspective. We will use Erlander's *Manna and Mercy* accompanied by a workbook written by David Peeler and Julie Wilburn Peeler. The cost is \$6 which will go to purchase your copy of *Manna and Mercy*.

Mind-Body Skills Development Class

Led by: John Simmons, M.D. and The Rev. Heidi Campbell-Robinson

We all experience STRESS, but don't always know healthy ways to address it. Join the Mind-Body-Spirit Skills Development Class to learn how to become healthier, more relaxed, and centered.

Led by John Simmons, M.D. and The Rev. Heidi Campbell-Robinson, this is an eight-week program to learn the scientific and spiritual basis for mind-body healing, while experiencing the support of the small-group approach modeled after the Center for Mind-Body Medicine in Washington D.C. *Participants learn to use a range of the most effective tools for self-care and stress management, including:*

- Meditation in the Christian tradition
- Guided imagery
- Biofeedback and autogenic/relaxation training
- Breathing, movement and mindful eating

Class dates: **A one night session will be offered on September 14 from 6:00 to 7:00 pm. The 8-week course will follow beginning September 21 and ending on November 9. This class will meet from 6:00 to 8:00 pm.**

Location: Central UMC, Room 205

There is a fee for this eight week course. For Registration and Payment, contact 828-393-4190 or email Heidi@WaterRockInstitute.org or Jessica Tripp at 253-3316 or jtripp@centralumc.org

Dr. Simmons is a Family Practice physician with 20 years experience in clinical medicine. He is certified by the Center for Mind Body Medicine as a Mind Body Skills development trainer. He is a United Methodist and a professional affiliate of WaterRock Institute.

The Rev. Heidi Campbell-Robinson is a certified Pastoral Counselor and President of WaterRock Institute, a 501 (c) (3) non-profit organization whose purpose is to assist persons with wellness, spiritual formation, and creative leadership development.

The Hole in the Gospel

Led by: Chad Roope and Joe Farris

In 1998 a man named Richard Sterns found his heart breaking as he sat in a mud hut and listened to the story of an orphaned child in Rakai, Uganda. His journey to this place took him more than a long flight from the United States to Africa. It took him answering God's call on his life, a call that hurtled him out of his presidential corner office at Lenox—America's finest tableware company—to this humble corner of Uganda.

This is a story of how a corporate CEO faced his own struggle to obey God whatever the cost, and his passionate call for Christians to change the world by actively living out their faith. Using his own journey as an example, Sterns explores the hole that exists in our understanding of the Gospel.

The Hole in the Gospel books can be purchased in advance of the class at local Christian book stores or on-line. Books will also be available for purchase in the Fellowship Hall beginning September 7. This class will meet in Room 219.

Join us for this compelling 6-week quest to explore “What does God expect of us?” This study will be led by Chad Roope and Joe Farris. Both Chad and Joe are members of Central and the Cornerstones Sunday school class. Their love for Christ and passion for living out their faith keep them active in local and international mission efforts.

Proactive Parenting

Led by: Dr. Lissy Gloeckler and Michele Lemell

“As adults, we must ask more of our children than they know how to ask of themselves. What can we do to foster their open-hearted hopefulness, engage their need to collaborate, to be an incentive to utilize their natural competency and compassion...show them ways they can reach out, weave themselves into the web of relationships that is called community.” (quote by Dawna Markova)

Join us for the four-part series “Proactive Parenting” and gather with other parents as we seek to teach our children to value and care for themselves and others.

Toddlers, Two-year-olds and Preschoolers: October 5 and 19

What do your children do when someone hits them, bites them or takes their toy? Come learn ways to help your very young children take care of them selves, learn self-regulation of emotions and behaviors and simple problem solving. These skills act to prevent bullying and aggressive behaviors and increase the likelihood of your child knowing how to take care of themselves in challenging situations.

Dr Lissy Gloeckler attends Central Church and is an Assistant Professor of Early Childhood Education at East Tennessee State University in Johnson City. Her research focuses on ways adults can help very young children learn self-regulation of emotions and behaviors and simple problem solving.

Elementary – High School Workshop 1: October 12

As adults, we sometimes downplay or underestimate the amount and seriousness of bullying that occurs in our children's lives. But bullying is a serious, widespread problem that needs to be addressed to safeguard our children and provide safer, more nurturing places for them to learn and grow. In this workshop you will learn what bullying is and how to effectively talk with your kids about this important topic, as well as how to work together with schools, churches and other places where our children spend time.

Elementary – High School Workshop 2: October 26

Kids have many ways of socializing and communicating online, but they come with certain risks. In this workshop you will learn about “*Net Cetera: Chatting With Kids About Being Online.*” This resource encourages parents to reduce the risks by talking to kids about how they communicate—online and off. We will cover what parents need to know, where to go for more information, and issues to raise with kids about living their lives online. Whether you are a parent or a church member involved in youth programs, you will want to attend this timely and informative workshop on keeping our kids safe in this fast paced world of technology.

Michele Lemell is the Healthful Living and Safe Schools Coordinator for Asheville City Schools. For nearly ten years, Michele has helped Asheville City Schools address safe school issues, including the development of a comprehensive program to address bullying. In addition, she is a licensed K-12 Health Education Specialist and has spent many years in the classroom.

Children's Ministry

September 18 is Third Grade Bible Sunday

Join us as we celebrate the gift of God's Word and present Bibles to our Third Graders on Sunday, September 18, in the 10:55 service. **Please check to see if your third grader is listed below.** If not, please contact Jessica Tripp at 253-3316. We will have a rehearsal for this service on Wednesday, September 14, at 5:30 pm in the Sanctuary.

Is your third grader on this list?

Colin Abernethy	Bradley Fagan	Lillian Knight	Melissa Sleater
Weston Adams	Isabella Field	Jack LaSure	Nicholas Stanier
Lily Bates	Ryan Flaherty	Cameron Lewis	Raya Strongosky
Caleb Booth	Christopher Goesten Kors	Maddie Matlick	Elle Tsiros
Lauren Bradford	Clay Grant	Jack Morris	James VanCleve
Meg Campbell	Eva Hetzel	Hannah Mosher	Klaas van de Groep
Rainey Campbell	Carlee Hill	Caroline Nunnally	Molly Wells
Meghan Ciavardone	Cooper Himan	Aidan Peele	Beau Willard
Anni Colombo	Emory Hunnicutt	Gillian Ray	Maddi Woodworth-Hayler
Justin Cooke	Anna Ikleheimer	Nate Roberson	Rebekah Wyrick
Nathan Cree	Isabella Ingle	Benjamin Scott	Mary Victoria Young
Sawyer Cumbow	Samuel Jenkins	Sarah Sessions	
Lily Dowd	Kathleen Kennerly	Nicholas Shealy	

Children's Discipleship Group

A discipleship small group for 3rd – 5th graders

This fall we will enter the third year of our Children's Discipleship Group. This program is designed to take children through a four year discipleship study, beginning in the 3rd grade and ending after completing confirmation (6th grade). This program is designed to move children toward spiritual maturity as they build relationships within a small group Bible study that will help them to Know Christ, Grow in Christ, Serve Christ and Share Christ.

This discipleship program encourages 3rd — 5th graders to explore their faith through study, discussion, prayer and activities. This year, during our small group gatherings we will study the life and ministry of John through "the Beloved Disciple study for children."

This group meets the 1st and 3rd Thursday of each month from 5:30—7:15 pm and is hosted in the home of Leigh and David Young (172 Wembley Road, Asheville 28804). We will have dinner, which different parents will provide for each meeting, followed by fellowship and Bible study.

Transportation is available from the church, leaving from the back parking lot at 5:15 pm and returning at 7:45. If you need transportation from the church, please indicate that when you register.

To register your child please contact Jessica Tripp at 253-3316 or jtripp@centralumc.org.

Schedule for 2011-2012:

October	6 and 20
November	3 and 17
December	1 and 15
January	5 and 19
February	2 and 16
March	1 and 15
April	No CDG April 5 (Maundy Thursday service), we will meet April 19
May	3 and 17 (end of the year party)



Destination Unknown

A confirmation class team building, adventure series

The confirmation journey has begun. I am looking forward to another year of new friendships and deepened faith as we journey through confirmation together. Destination Unknown is the fall semester of confirmation based on building community within the group. We will meet each Sunday evening through the end of October from 4:00-7:00 pm.

For more information please contact Jessica Tripp at 253-3316 or jtripp@centrlumc.org.

To parents of acolytes:

Please let me know the **dates your child will not be available to be an acolyte during the months of October, November, and December.** Please email me at himans2@charter.net right away. The new schedule will be sent out the end of September.

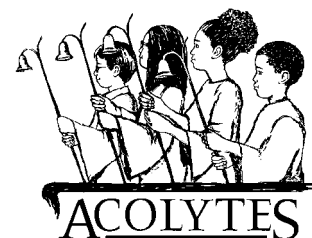
Thank you!

— Cathy Himan

Attention fourth graders! Acolyte Training on Sunday, September 25

There will be an **Acolyte Training Session** on Sunday, September 25, following the 10:55 am service for all fourth graders who are interested in becoming a new acolyte. We will begin with a pizza lunch in the Choir Room immediately following worship. We will then move to the Sanctuary for the training session.

PLEASE NOTE: Any fourth grader who would like to acolyte and at least one of his/her parents **MUST** attend the training session. **Parents, you play an important role in the acolyte ministry, so please plan to come!** Please respond to rnelson@centralumc.org by September 18 and let us know the child's name, parent's name, and whether you will attend the lunch or just the training.



Acolyte Training Session for Fourth Graders Sunday, September 25, 2011

Child's Name _____ Parent(s) Name(s) _____

Please check one of the following:

We will attend the pizza lunch and training session. Number attending from your family _____

We will attend the acolyte training session only.

My child does not plan to become an acolyte.

Please return to: Russell Nelson, Central UMC, 27 Church Street, Asheville, NC 28801 or send an email to Russell Nelson at rnelson@centralumc.org

****If you can help with the lunch by bringing a side item or drinks, please let us know. Thanks!****



Youth Ministry

UMYF—United Methodist Youth Fellowship for grades 7-12

Contact Stephen Brown, Youth Director, at 253-3316, 421-0340 or email Stephen@centralumc.org

Sunday, September 18: Wiffle Ball and Cookout 5:00 to 7:00 pm. Meet at the Church at 5 o'clock and we will head out for some Wiffle Ball and all the hot dogs you can eat. **This is our kick-off event of the year, so don't miss it! Bring a friend!**



Saturday and Sunday, September 24 and 25, are Youth Saturday and Sunday. This is our chance as a Youth Group to lead our congregation in a time of worship. It's time for us to celebrate our summer, and share our spiritual gifts with the congregation who has supported us.

I need Volunteers for Youth Saturday and Sunday! If you want to help, email or call me. We'll have a great celebration lunch/potluck meal after the service on Sunday 12:00-1:30 in the Youth Room. I'll provide the chicken, everyone else bring a dish.

Parish Nurse / Older Adult Ministry

Central's Annual Health Fair is Sunday, September 25

The annual Health Fair will be held on Sunday, September 25, from 8:30 am to 12:30 pm in the Fellowship Hall. Any questions, call Maureen Carr, Parish Nurse at 253-3316.

Some of the resources this year will be:



- Flu Shots \$30 (bring your insurance cards)
- Pneumonia Shots \$65 (bring your insurance cards)
- Cholesterol and Blood Sugar Screening (come fasting) at no charge
- Bone Health Display
- Blood Pressure Screening
- Chronic Obstructive Pulmonary Disease Display
- Bright Star Home Care
- Literature Table

United Methodist Women

The **Sarah Circle** will meet at 10:00 am on Tuesday, September 20, at the Haywood Street campus. Donna Anderson, Elsie Howard, and Viola Wilds will be hostesses. Rev. Brian Combs will have the program.

The **Rebekah Circle** will meet at 10:00 am on Tuesday, September 20, at Givens Estates (please note the changed meeting location). We will meet in the Asbury Commons living room. Barbara Mayer will lead a discussion with selected poems from *Talking with God in Old Age* by Missy Buchanan, a book on the current UMW reading list. For additional information, call her at 252-6694.

Central United Methodist Women Unit Meeting on Sunday, October 9

There will be a United Methodist Women Unit Meeting on Sunday, October 9, after the second service in the Fellowship Hall.

Renee Bromfield, of the Bethlehem Center, will be our guest speaker. She will show a video and tell us about Bethlehem Center's ministries. There will be a lunch, then the program. Come and hear about one of our Methodist Institutions.

There will be a \$7 charge for lunch—please make reservations by calling the church at 253-3316. Circle Chairpersons share this information with your Circles.

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Office Hours 8:30 am to 4:30 pm weekdays
• E-mail centralumc@centralumc.org
• Web Site www.centralumc.org
• Fax 828-254-8796

Sympathy

Our sympathy and prayers are with the family and friends of Clara Baer who died August 29.

Our sympathy and prayers are with Dan Baechtold on the death of his father, Jim Baechtold, on August 29.

Our sympathy and prayers are with the family and friends of Anna Zilgitt who died August 30.

Our sympathy and prayers are with Mary Hamilton and her family on the death of her brother, Byron Dye, on August 31, in Texas.

Memorial Gift

In memory of Dick Wood by:
Mickey and Kay Goodman

Honor Gift

In honor of Barbara Brown for the Organ Fund by:
Mary Jane Edwards

THEREFORE
go
AND MAKE
DISCIPLES OF ALL
nations.

MATTHEW 28:19



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Contact africk@centralumc.org*

How to contact our Central Staff (phone 828-253-3316)

Dr. Rob Blackburn, Senior Pastor
[ext.311, send email to: lhollowell@centralumc.org]
Dr. Tony Bell, Executive Pastor (Evangelism and Journey Groups)
[ext. 308, email: tbell@centralumc.org]
Rev. Julie Wilburn Peeler, Minister of Pastoral Care
[ext. 304, email: jwilburnpeeler@centralumc.org, 989-9659]
Jessica Tripp, Director of Christian Education (Missions)
[ext. 306, email: jtripp@centralumc.org]
Stephen Brown, Director of Youth Ministries
[ext. 305, email: stephen@centralumc.org]
Russell Nelson, Director of Music Ministries (Worship)
[ext. 302, email: rnelson@centralumc.org]
Burt Anderson, Haywood Street Campus Coordinator
Corey Powell, Music Associate/Organist, Director of Handbells
[ext. 303, email: cpowell@centralumc.org]
Suzanne Brown, Director of Brass; Evangelism Assistant
[ext. 324, email: sbrown@centralumc.org]
Mark White, Praise and Worship Leader for Saturdays @ Six service
[email: pwl@centralumc.org]
Tammy Henry, Director, Weekday School
[ext. 318, email: thenry@centralumc.org]
Alan Gibson, Church Administrator
[ext. 313, email: agibson@centralumc.org]
Robyn McNeal, Business Manager
[ext. 312, email: rmcneal@centralumc.org]
Lesli Hollowell, Administrative Assistant, Capital Campaign Coordinator
[ext. 310, email: lhollowell@centralumc.org]
Maureen Carr, Parish Nurse
[ext. 320, email: mcarr@centralumc.org]
Kendra Simpson, Nursery Supervisor
Phyllis Youngberg, Web page
[email: phyllisyoungberg@gmail.com]
Anne Frick, Jot & Tittle and Bulletin
[ext. 314, email: africk@centralumc.org]
Hayes Brown, Building Care [email: smoothappeal@gmail.com]
Ed McGowan, Building Care

Haywood Street Congregation

Rev. Brian Combs, 246-4250 [email rev.briancombs@gmail.com]
Volunteer Coordinator, Shannon Spencer, 231-4169
[email: sspencer@uccasheville.org]