

# Central UMC

Has a



for missions

# The Jot & Tittle

The newsletter of Central United Methodist Church

*For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.*  
(Matthew 5:18)

**September 5, 2010**

**Worship Services at Central**  
Dr. Rob Blackburn, Senior Minister

### Sunday Worship Services

at 8:45 and 10:55 am

#### September 12

4:00 pm Blessing of the Animals

#### September 26

New Member Sunday

### Saturdays at Six Worship

6:00 pm in the Fellowship Hall

A nursery is provided during all worship services. Sunday School classes for all ages at 9:45 am.

Sunday worship is broadcast on 1310 WISE-AM at 9:00 am.

The Sunday worship service is also available live on the church website: [www.centralumc.org](http://www.centralumc.org) (you must have high-speed internet and Real Player).

The prior week's service is telecast on Public TV Channel 20 at 11:00 am on Sunday.

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## Blessing of the Animals September 12 (see page 5)

### Block Party BBQ and Bluegrass on September 8

Central's annual block party will be Wednesday, September 8! Our friends from First Presbyterian have been invited and Church Street will be closed so will have plenty of room.

Plan to join us for an evening of BBQ and Bluegrass as we welcome back the band White Water Blue Grass. Put on your dancin' shoes and bring your friends and neighbors!



Dinner begins at 5:15 followed by music and square dancing at 6:00. Call 253-3316 to make your Wednesday night dinner reservations. The meal cost is \$7 for an adult, \$4 for children 12 and under, with a \$22 family maximum.

### Saturday SONday School Class begins September 11

Join us from 4:45 to 5:45 pm for "The Rest of the Gospel" led by Joe and Jean Nesbitt. The class will meet weekly before Saturdays at Six worship.

The course is based on a book by Dan Stone and David Gregory. "Having God's forgiveness is wonderful. Spending eternity with God is great. But for now, where is the abundant life Jesus promised? Why is the Christian life such a struggle? Because getting forgiven is only half of the gospel! The Rest of the Gospel is not us striving on our own to be 'good' Christians, but Christ in us, living His life through us as we rest in Him."

If you are interested in participating, please contact Joe Nesbitt [nesbitt@bellsouth.net](mailto:nesbitt@bellsouth.net) so a study book can be ordered for you.

### Room in the Inn returns to Central on September 5 - 12

Room in the Inn is a faith-based program, offering three meals daily and nighttime shelter for up to twelve homeless women.

Central and Trinity Episcopal partner with each other to provide meals, overnight volunteers, and a place to sleep. Central will be the host church for the September 5-12 week and help is needed to provide lunches, dinners, and overnight "innkeepers" who spend the night at the host church.



Volunteers are needed to supply these needs for the women. Please look for the sign-up sheets that are posted on the standing bulletin board outside of the Sanctuary and see where you—or your circle, Journey Group, or Sunday School class—can help.

For anyone wanting to help for the first time or needing more information, please call Scott Abernethy at 684-8180 and she will be glad to answer any questions.

**Church offices closed for Labor Day on Monday, September 6**

## Central Happenings

### **Newcomer Class begins Sunday, September 5**

The next Newcomer Class will begin September 5. The classes will be held the first four Sundays in September. If you are interested in learning more about Central, or would like a tour of the church, feel free to attend. You do not have to be a newcomer to Central to attend. The first Sunday will be an introduction to all of Central's many ministries and activities. The tour will be on September 19. For more information, contact Suzanne Brown (253-3316 x324).

### **Let's Celebrate More Birthdays! Join our Relay for Life Team**



We would like to invite members of the church to join us in forming a Central United Methodist Church Relay for Life Team. We will have an organizational meeting on Wednesday, September 15, at 5:30 pm. Cancer fighters, survivors, friends and family of survivors and everyone in between are encouraged to join this group.

We will talk about the 2011 Relay for Life events and ways we can support this important group.

**For more information contact Dawn Hill at 712-9822.** The Asheville Relay for Life website is [www.relayforlife.org/asheville](http://www.relayforlife.org/asheville).

### **Watch for Central's Annual Health Fair, Sunday, October 3**

The Parish Nurse Committee is sponsoring a Health Fair on Sunday, October 3, from 8:30 am - 12:30 pm in the Fellowship Hall. Currently, we will have:

- Flu shots (\$30) and Pneumonia shots (\$50) for ages 9 years and older
- Blood Pressure Screening
- Free Cholesterol/Blood Sugar Screening
- Literature Table with pamphlets and other giveaways

New events will be announced in upcoming issues. If there are any questions, call Maureen Carr, Parish Nurse at 253-3316, ext. 320

### **Sound system volunteer needed to help Sunday morning**

If you would be interested in working with the sound and light system on Sunday morning, please contact Peter Phelps at peterphelps@charter.net or Robyn McNeal at 253-3316 ext 312.

### **2010 budget update**

As of August 22, our Central congregation has given \$971,612 toward the 2010 financial goal of \$1,727,158 needed to support our ministries and the operating budget. Thank you!

### **Foods for ABCCM:**

**cold cereal, jelly, powdered milk, mac and cheese**

(ABCCM can break down larger packages if you prefer to buy items in bulk)

Bring food items to the Fellowship Hall

### **Jot & Tittle deadlines**

**September 8** is the deadline for the  
September 19 issue

**September 22** is the deadline for the  
October 3 issue

Please mail articles and information to Anne Frick at the church, leave notices in her mail box at the Reception Desk, or email info to her at: [africk@centralumc.org](mailto:africk@centralumc.org). All material is subject to editing.

# Haywood Street Happenings

## Art Day at Haywood Street Congregation

Art day at Haywood Street Congregation is a time for the people on the streets and our community to forget about their worries. If you are an artist or retired art teacher and would like to volunteer, please contact Susie Sweet at 301-0605 or [sesweet@hotmail.com](mailto:sesweet@hotmail.com).

Come see how art feeds the soul and heals the heart every Tuesday from 1-3 in the Fellowship Hall. Art supplies, newspapers or monetary donations are welcome. Donations are tax deductible.

## Clothing Closet needs a Coat Drive

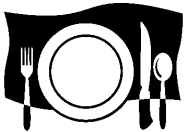
Would your Sunday School class or group like to organize a coat drive for the Haywood Street Clothing Closet. As the weather begins to change, many coats and gloves will be needed this winter! This ministry primarily serves those who are living on the streets, so items like blue jeans, sweatpants/sweatshirts, work pants, and comfortable walking shoes are most needed. *(For adults only please; a separate closet at Abernethy UMC collects children's items).*

Donations are accepted at the Haywood Street campus on Wednesdays between 11:30 and 1:30 or they can be dropped off in the Clothing Closet other times the building is open.



## All are invited to the Welcome Table on Wednesdays

The Haywood Street Congregation is the place to be every Wednesday. Why not “treat” your favorite group to lunch and join us at the Downtown Welcome Table from 11:30 - 1:00? Your Journey Group, your Sunday School class, your Bible Study group, your office friends—choose a Wednesday and get your buddies together for a great lunch and even better company! At 12:30 pm, your group can attend the worship service in the sanctuary.



## What's in a number? Look and see

**6 months**—the time it takes to serve over 3,200 meals at the Downtown Welcome Table.

**1400 hours**—the conservative estimate of the volunteer hours spent to make those meals happen!

**Countless**—the number of vegetables we have peeled, chopped, sliced, diced and turned into yummy side dishes.

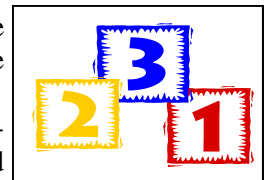
We have worn our 1960's era kitchen out with all the cooking—literally! Our two vintage electric stove tops slowly, but surely, boiled their last pot of water! With the generosity of donations from Central UMC members, we will, thankfully, be able to update the stovetop to something more appropriate for cooking for large numbers.

We cook for 150 - 200 every week now! Our refrigerator has already been updated due to the generosity of an anonymous donor. With each step, we are able to better and more efficiently serve our community!

Come see our changes! We have had youth groups painting this summer, sprucing up bathrooms and other common areas. We have new art work hanging. The youth have also participated in other ways. Jessica and our youth made “personal hygiene” kits that proved a huge success! Another youth group worked the Wednesday shift and brought in bags of summer clothing for the clothes closet. Most of the clothing had been redistributed by the time they left that day! We appreciate all the youth groups from the different churches that have helped with the Downtown Welcome Table over the summer!

As you make your Fall plans, put lunch at the Downtown Welcome Table on your list. Grace Covenant Presbyterian has shared the bounty of their community garden allowing us to serve farm-fresh vegetables.

Volunteers are still needed. Please contact Amy Gaston (253-5188 or [amy@jggaston.com](mailto:amy@jggaston.com)) or Shelly Arnold (299-8528 or [shellyarnold99@gmail.com](mailto:shellyarnold99@gmail.com)) to discuss volunteer opportunities. Shoppers are needed on Mondays, preppers on Tuesdays at 5:15, and preppers/servers/cleaners 9-2 on Wednesdays. Come visit us at the Downtown Welcome Table—we will all be glad you came!



# Wonderful Wednesdays

## Wednesday night Small Groups at Central begin on September 15

Our regular Wednesday night programming begins on September 15. Dinner begins at 5:15 followed programs at 6:00. Please make your dinner reservations no later than Tuesday—or we cannot guarantee enough food. Call 253-3316 to make your dinner reservations. The meal cost is \$7 for an adult, \$4 for children 12 and under, with a \$22 family maximum. A salad bar will be available.

Many fabulous spiritual growth and fellowship opportunities will be available. Below (and continuing on the next page) is a list of the small groups offered from 6:00 – 7:00 pm this fall.

### **Linking Christians to Artists: Led by Jarrett Rutland**

This group will discuss the commonality of being an artist to being a Christian, showing that they are not all that different. Not an artist? That's okay. Artists as well as people who respect the arts are welcome. The group will tackle the topic of how the same creativity artists use, can be used to win hearts for Christ, whether or not you are able to use your creativity visually, musically, or any way you see in the world that touches your heart.

Each week, the time will be broken up into two parts, discussion from light readings, and a project that will culminate into a final take-home piece of art at the end of the six weeks. Readings will be taken from the book *Imagine: A Vision for Christians in the Arts* by Steve Turner.

### **A Pilgrimage Through Scripture: Led by Susan Griffin**

Join us on a **Pilgrimage** through scripture! We'll start the journey on September 15 and continue each Wonderful Wednesday throughout the school year. We'll take up the Gospel of Mark first. Our study approach is three-fold: What does the Bible say? What does the Bible mean? What does the Bible mean to me?

We'll read, question, and discuss purposefully each week, moving along as quickly or slowly as the lesson requires. Preparation time for class will be minimal, and purchase of the study guide is helpful (under \$10).

### **Exploring the early life of Jesus with Anne Rice's *Christ the Lord* Novels: Led by David Bourne**

What happens when a boy learns that he is God? Come join us for two four-week discussions of Anne Rice's novels about the early life of Jesus. We will read scripture alongside the texts to gain insight into the author's vision and to supplement our understanding of how she constructed her vision.

In reading these two novels (*Christ the Lord: Out of Egypt* and *Christ the Lord: The Road to Cana*) we will explore of the possibilities of...What was Jesus' childhood like? How did Jesus learn of his divinity? How did Jewish customs shape His family and personal life? Will a fictional Jesus be more human or less human than a scriptural Jesus? Will he be portrayed as more divine or less?

David Bourne is leading this discussion because he's a big fan of these novels and of Anne Rice's conversion to Christianity. He brings four years of teaching at the college level and degrees in literature and art.

Resources: <http://www.amazon.com/Christ-Lord-Out-Egypt-Novel/dp/0345436830/>

<http://www.amazon.com/Christ-Lord-Road-Anne-Rice/dp/1400078946/>

### **Relationship Enrichment for Couples and Singles: Led by Anne Burns Harris, PhD**

Dr. Harris is a licensed psychologist who has practiced as a psychotherapist in WNC for thirty years. Early in her career she trained with internationally recognized therapists in the art of Gestalt Therapy. She has adapted this approach, applying these techniques to working with couples and singles and has now made them accessible through her book *When Two Souls Find Each Other... someone still needs to take out the trash*.

Anne Burns Harris uses the power of stories about situations most couples face and these stories mirror our own relationship challenges. In this workshop, we read and listen to these stories and identify ways that the problems that we often think are immense and unique to us are, in fact, quite common and not without solution.

Anne provides a format of discussion, role play, and group brainstorming to guide participants toward pragmatic pathways through the greatest spiritual journey we as people can have in relationship with others.

Session One: Explore the three phases of relationship enrichment.

Session Two: Define the steps for processing difference.

Session Three: Identify skills we inherently possess that can guide us through an impasse.

Session Four: Develop our use of ritual in creating strong foundations for bonding.

### Not The Jesus I Thought I Knew: Led by Buzz Busby

This 6-week course will examine some of the stories, parables, teachings, and life events of Jesus during His ministry. Much will be familiar, some not so much. We all like to think of Jesus as loving and kind. In this course we will examine some of the other sides of Jesus, hence the title. We may squirm a little, feel like our toes have been stepped on a little, but we will come away with a more complete picture of what it means to take up our cross and follow Him.

Bring your Bible, your experiences, and your expectations and join in a lively discussion.

### Film & Discussion: Led by The Reconciling Ministries Group of CUMC

The Reconciling Ministries group of Central UMC will offer film and discussion opportunities this fall on **the second Wednesday of each month beginning September 15.**

The Reconciling Ministries Network (RMN) is a growing movement of United Methodist individuals, congregations, campus ministries, and other groups working for the full participation of all people in the United Methodist Church. We believe that it is not enough just to welcome LGBT (lesbian, gay, bisexual, transgender) folks into our churches. It is time that the United Methodist Church recognized their spiritual gifts and talents on an equal basis with all other members.

Come, learn more, and take part in a meaningful dialogue about how we can open our hearts, minds and doors to our LGBT brothers and sisters in Christ.

### Fellowship, Games, Coffee and Dessert

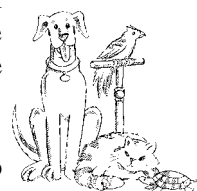
As always, you are welcome to stay in the Fellowship Hall on Wednesday evenings and enjoy the company of your Central friends. Games will be available for your enjoyment, and the coffee will continue to brew.

## Worship Opportunities

### Blessing of the Animals worship service Sunday, September 12

Join us for the Blessing of the Animals worship service on Sunday, September 12, at 4:00 pm. Central United Methodist Church will have a worship service to give thanks to God for God’s creatures, especially our pets, that give us joy and help us to understand God more fully.

“This custom is conducted in remembrance of St. Francis of Assisi’s love for all creatures. Francis, whose feast day is October 4, loved the larks flying about his hilltop town. He and his early brothers, staying in a small hovel, allowed themselves to be displaced by a donkey. Francis wrote a Canticle of the Creatures, an ode to God’s living things. “All praise to you, Oh Lord, for all these brother and sister creatures.” And there was testimony in the cause for St. Clare of Assisi’s canonization that referred to her little cat!” (from: <http://www.americancatholic.org/features/francis/blessing.asp>)



The service will be held outdoors near the front of the church. We simply ask that all pets come to the worship service leashed and/or contained.

There will be a reception following the service with treats for humans and our furry friends, too! We also encourage everyone to bring pictures, stories, and mementos about your pet. We will use them during the service.

*You started the springs and rivers, sent them flowing among the hills.*

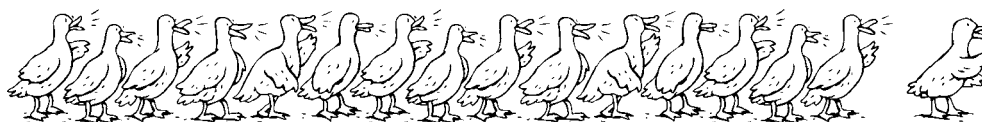
*All the wild animals now drink their fill, wild donkeys quench their thirst.*

*Along the riverbanks the birds build nests, ravens make their voices heard.*

*You water the mountains from your heavenly cisterns; earth is supplied with plenty of water.*

*You make grass grow for the livestock, hay for the animals that plow the ground.*

(Psalm 104 from *The Message*)



## Music Ministry

### Music Programs at Central ...Come join us!

If you sing or play an instrument, now is a great time to join the Music Ministry! We have a full year of graded music programs, and we're ready to begin. All groups, information, and start dates are listed below.

- **Wesley Singers** — Adults. Practices on Tuesdays at 2:00 pm, Choir Room. Begins Tuesday, September 14. Contact Russell Nelson, [rnelson@centralumc.org](mailto:rnelson@centralumc.org)
- **Chancel Choir** — Adults and high school students. Practices Wednesdays from 7:00 pm-8:30 pm, Choir Room. Contact Russell Nelson
- **Youth Choir** — Youth, grades 6-12. Practices Sundays at 4:15 pm, Choir Room. Begins Sunday, September 12. Contact Russell Nelson
- **Chancel Bells** — Adults and high school students. Practices Wednesdays at 6:00 pm, Bell Room. Begins Wednesday, September 15. *Music reading skills required.* Contact Corey Powell, [cpowell@centralumc.org](mailto:cpowell@centralumc.org)
- **Brass Ensemble** — Adults and youth. Practices Thursdays at 7:00 pm, Choir Room. Begins Thursday, September 16. Contact Suzanne Brown, [sbrown@centralumc.org](mailto:sbrown@centralumc.org)
- **Cherub Choir** — Children age 4 through Kindergarten (must turn age 4 by October 15). Practices Wednesdays at 6:00 pm, Room 206. Begins Wednesday, September 15. Contact Kelli Mullinix, [mullinixkelli@hotmail.com](mailto:mullinixkelli@hotmail.com)

## Congregational Care Concerns

*Rev. Julie Wilburn Peeler is Central's Minister of Pastoral Care.*

*She is interested in getting to know the members of Central. The best way to get to know you is to visit. Please give her a call at 989-9659 or 253-3316 if you would like to schedule a time to talk.*

### Prayer Requests

Thank you for your prayer requests. Your concerns and joys help us to live out our call to “pray continually” (1 Thessalonians 5:17). We simply ask that you keep them coming. You can email [jwilburnpeeler@centralumc.org](mailto:jwilburnpeeler@centralumc.org) or call the requests in. **If you feel like your area needs a prayer group please call Julie and we will talk about starting new prayer groups.**

### Extended Family (a.k.a. “homebound”) News

#### When you are Unable to Attend Worship....

Thank you to all our volunteers who visit those who are unable to attend worship. Thank you also to our new members who have offered to visit and help the church stay connected to our homebound members. You help Central live out our mission to be community for Christ. Help us widen the circle of Central.

You may know more members who are unable to come to church and would like to be seen by a visitor and Julie Wilburn Peeler. Please call the church office and speak with Julie. We care about our faith family and we do not want anyone to feel forgotten.



#### Other Ways to Feel Connected....

We want to keep you connected to the worship life of Central United Methodist Church! Bulletins have been sent to those individuals who are unable to attend worship. My hope is that when they are able to view the worship service on T.V. on a week delay, folks will have the bulletin with them so they can follow along. If you would like to receive a bulletin in the mail or email, please let Julie know at 828-253-3316 or [jwilburnpeeler@centralumc.org](mailto:jwilburnpeeler@centralumc.org).

## Central now has two prayer groups!

### Monday at 10:30 in the Church Parlor

Everyone is invited (male and female!) to join our prayer group on Mondays. Your prayer requests are important to us. One of the most fascinating and uplifting things to see is the process of God's work through your requests. Julie receives the prayer requests on Monday and makes a copy for the prayer groups, the ministers, and the staff. We try to keep in touch with you as God hears the requests through our and your prayers. It is our way to walk with you and God through tough and great times in your life. We invite anyone who is able to attend to come and be with us to see the process of God answering your prayers.

One of the most daunting things about a prayer group is praying in public. Don't let this keep you away. **You are not required to pray in front of the group.** We just want you to come and be with us and to see how just a few minutes of prayer changes people's lives.

### Thursdays at 10:30 at Givens Estates at the Chapel conference room

We invite the residents of Givens Estates and those who live around Givens (south Asheville) to join our prayer group. We begin with a short devotional and share the requests from the worship services and pray over them. Again, if you are not comfortable praying in public please don't let this keep you away. We gather as one body, one voice to lift to God the needs of our congregation.



## Become a Stephen Minister



### *What is Stephen Ministry?*

Stephen Ministry is a ministry designed to help people who are undergoing a crisis or difficult time in their life. We all can use a friend to talk with us about our grief over the loss of a loved one, help us through the pain of divorce, walk with us through the transition into retirement or loss of a job, pray with us during a difficult medical diagnosis. Stephen Ministry is here for you.

### *Who is a Stephen Minister?*

Stephen Ministers are caring Christian people who have the time to devote to fellow Christian friend going through a difficult time. Stephen ministers are able to keep their conversations private and are trained to handle even the most difficult of situations.

### *What if I need a friend to help me? How can I receive a Stephen Minister?*

Just contact Julie (989-9659) or a Stephen Minister in our congregation. Julie will talk with you to find the best Stephen Minister for you. Every conversation is handled with confidentiality and respect.

### *What is required to become a Stephen Minister?*

Stephen Ministers are trained by Central's Stephen Ministry team. Everyone is required to attend 50 hours of training. We ask that you fill out an application and meet with our Stephen Leaders prior to the training. Stephen Ministers are able to keep confidentiality (you will be trained on this).

### **Stephen Ministry training begins Thursday, September 2, 6:00 pm to 8:00 pm**

and will be held every Thursday evening. If you are not able to make this first meeting, it is OK, but please contact Julie Wilburn Peeler or Ron Maffett right away.

Please fill out an application for the training if you are interested. They are located at the Reception Desk or by contacting Julie Wilburn Peeler or Ron Maffett.

An optional light dinner will be provided at 5:30 and if you need childcare, please let Julie know ahead of time.

# Children's Ministry

## To parents of acolytes:

Please let me know the **dates your child will not be available to be an acolyte during the months of October, November, and December.** You can email me at [thentry@centralumc.org](mailto:thentry@centralumc.org) or call me at 253-3316 or at 665-8436—by September 15. The new schedule will be sent out the end of September.

Thank you!

— Tammy Henry

## 3rd Grade Bible Presentation is Sunday, September 12

On Sunday, September 12, we will have a service of celebration as our third graders are presented their Bibles during the 10:55 service.

Please check your child's full name shown below and **email me any corrections** ([jtripp@centralumc.org](mailto:jtripp@centralumc.org)). Your child's name will be written in the Bible so you will want to be sure it is correct. Also, if you notice that someone is missing from the list please let me know.

**We will rehearse for this service on Wednesday, September 1, at 5:00 pm in the Sanctuary. It is very important that all of our third graders and a parent be present for the rehearsal.**

**Please check your child's full name and email me ([jtripp@centralumc.org](mailto:jtripp@centralumc.org)) if you have any corrections. Also, if you notice that someone is missing from the list please let me know.**

Sarah Kathryn Adams  
Tristan Dagny Anderson  
Charles Stuart Boatwright  
Elijah Jones Bonham  
Anna Rose Bourne  
William Granett Colombo  
Ryder Mitchell Cumbow  
Asher Alexei Davidson  
Catherine Stuart Davis  
Hannah Joanne Davis  
Maxmillian James Field

Henry Forbes Fowler  
Heather Lynn Holland  
Merry Peyton Jenkins  
Wallace Draughon Kirby  
William Austin Lowe  
Catherine Ann Jing Maddox  
Phoebe Gabrielle McNabb  
Isabella Elizabeth Mohr  
James Pruet Norris  
Samuel Mitchell Norris  
Erin McKamey Pickel

Katherine Mary Pritchard  
Eliza Chris Lovingood Purnell  
Cole Thomas Rettew  
Luke Christian Sloan  
James Throop Smith  
Liam Gray Tripp  
Willem Arian van de Groep  
James Ameika Mason Weninegar  
Sara Grace White  
Sloane Elizabeth Yount

## Destination Unknown

### A fun-filled, friendship building series for 6th grade confirmands

Alright 6th graders...we will kick-off a great year of confirmation on Sunday, September 12, from 4:00 – 7:00 pm as we begin our fall series Destination Unknown! For seven Sundays we will meet in the Fellowship Hall at Central and then head out to a mystery location for fun, team building activities, and a group devotion.

## Cub Scout Pack 4 resumes for boys grades 1—5

Central's Wednesday night Cub Scout program, Pack 4, resumes on Wednesday, September 15, and will meet every Wednesday evening from 6:00-7:00 in the Boy Scout room. We welcome boys in grades 1-5.

You may register that night, or call Lem or Laura Kirby at 350-0833 for more information.



## CUMC Member is able to help with your childcare needs

Heather Nesbitt is a certified NC teacher looking to watch your children in her home in South Asheville. Hourly, daily and/or weekly. If you are interested please call her at 828-242-1446.

# Youth Ministry

## UMYF—United Methodist Youth Fellowship for grades 7-12

For more info, contact Stephen Brown, Youth Director, at 253-3316, 421-0340 or email [Stephen@centralumc.org](mailto:Stephen@centralumc.org)

### Look what's happening at Youth!

- Sunday, September 5: NO YOUTH b/c of Labor Day
- Sunday, September 12: 5-7 YOUTH FALL KICK-OFF Wiffle Ball and Cookout 5-7 Meet at the Church at 5 o'clock and we will head over to a local park for some Wiffle Ball and all the Hot Dogs you can eat. **This is our kick off event of the year, so don't miss it and bring a friend.**
- September 18,19: YOUTH SATURDAY / YOUTH SUNDAY This is our chance as a Youth Group to lead our congregation in a time of worship. It's time for us to celebrate our summer, and share our spiritual gifts with the congregation who has supported us. **I need Volunteers for Youth Sunday!! If you want to help, email or call me.** We'll have a Celebration lunch / Potluck meal after the service on the 19th. I'll provide the chicken, everyone else bring a dish. 12-1:30 Fellowship Hall.
- Sunday, September 26: 5-7 pm DOMINICAN TRIP PRESENTATION Welcome Jessica Tripp and some of the members from the Dominican Republic Mission team, as they share their experiences with you. This will be a fantastic evening where you can learn more about our church's involvement internationally.
- Sunday, October 3: 5:00-7:15 pm SUMMER SIT-DOWN (MISSIONS BANQUET) What was the youth group up to this summer? If you join us on October 3 you will find out. Please join us for FREE BBQ as we share our summer experiences with you. Dinner will start at 5:15 pm and the presentation on the summer trips as well as information about next summer will be presented afterwards. **EVERYONE—Prayer Partners, Family Members, the congregation—EVERYONE is invited.** Please RSVP to Stephen Brown by September 27.



### Summer experiences through the eyes of

Hey, this is Stuart from Youth. We went up to Southwestern Virginia again for Wilderness Trail. We hiked forty-five miles in beautiful weather this year. I know that talking about the weather is trite, but if you were there last year then you know how wonderful the weather was. It was truly a thing to be talked about. I have hiked six times with Wilderness Trail and I can honestly say that the weather this year was the best that I've ever experienced. With the highlight of my three trips this summer being the week that our church went up.

As nice as the weather was, and believe me it was nice and deserved mentioning, the reason that we went up there was not to enjoy the weather. We went there to become closer to God. We were blessed with forty-five miles of his grace and beauty in the wilderness. If you have never experienced this, then I highly recommend it. This is truly the reason that I have gone and kept on coming back. The experience is just so different. The highlight for me is the trips to the outdoor chapel. It just reinforces the truth that God is everywhere.

But it isn't all just hiking. There is a TON of fun involved too. The most epic game of wiffle ball is played at the grand Weaver Field. The first full day is full of icebreakers. You know those awkward moments where people introduce themselves. They are not awkward at Trail. They are more along the lines of running around and into people that you may have never met before.

Sorry if I tend to ramble, but there is SO much to say that I couldn't have covered had I had a full two-page spread for Trail. The bottom line is that it is great fun that is hard to describe to those who have never been, so come and join us in God's presence on a beautiful hike next year.

Stuart Wilkerson  
Senior at T.C. Roberson

## Summer experiences through the eyes of

This summer I took part in the CUMC Youth, Middle School Mission trip. I have been to mission trips before but I experienced things on this trip that could never come from other trips. I went into the week with a variety of expectations along with many questions. All of which were exceeded and answered, although many of my questions were answered with the solemn but truthful phrase, “trust the process”.

The organization “Team Effort” and its many staff members were extremely helpful in getting us closer to God as well as providing a good laugh. The worksite, a trailer park in the “metropolis” of Sautee Nacoochee GA, was one of the most inspiring places I’ve ever been. A young boy named Marco who lived in the trailer we worked on, was always filled with joy, whenever he saw our church van roll up to his home. He was always smiling and excited to talk to us and help us work. One of the questions we were asked was; why we were there? I think that, even though the number of people who need help is very large and our numbers are small, if we made a difference to one family, one little boy, that’s all that matters.

Porter Dowd  
8<sup>th</sup> Grader at Asheville Middle School

## Outreach

### Needs at the Vanderbilt

Over the years, the members of Central have helped our friends and neighbors living at the Vanderbilt Apartments in downtown Asheville. The following items are currently needed:

- paper towels and toilet paper • Kleenex
- small bottles of dishwashing soap
- small cans of juice and fruit • low-sodium soup

If you can help, place your items in the WE CARE boxes at the Second Floor entrance (near the Fellowship Hall) and near the Reception Desk. The Vanderbilt residents are most appreciative of the gift. Thank you for your continued support. [Note: **Magazines are not needed** at the present time.]

*Save the Date!*  
*CUMC Auction for Missions*  
*November 5, 2010*  
*6:00 p.m.*



**Mission Reach Out 2010**

*“...reach out with Christian love & compassion...”*

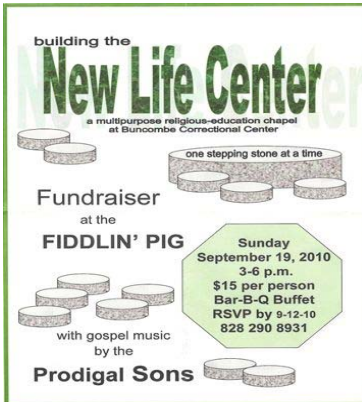
### F. I. S. H. (Families In Service to Him)

F.I.S.H. is a family/intergenerational mission group that is open to all ages and meets the first Saturday of each month from 9:00 to 12:00 for a devotion, prayer, and service. If you are planning to participate, please contact Jessica Tripp at 253-3316 or [jtripp@centralumc.org](mailto:jtripp@centralumc.org).

- **Saturday, September 4:** CUMC- painting, banner making and decorating new Children’s Church room. If you have wood-working skills, please let me know in advance
- **Saturday, October 2:** The Lord’s Acre—working in the community garden. Please bring gardening gloves and tools if you have them. Wear a hat and bring water.
- **Saturday, November 6:** MANNA Food Bank—We will be collecting canned goods, non-perishables and baby care items leading up to this day.

## Prison Ministry

**You are invited to a Bar-B-Q Fundraiser at The Fiddlin' Pig on Sunday, September 19  
with gospel music by the Prodigal Sons**



On Sunday, September 19, everyone is invited to come enjoy a Bar-B-Q Buffet at the Fiddlin' Pig on Tunnel Road from 3:00 to 6:00 pm. In addition to good food, Asheville's very own popular Prodigal Sons, comprised of prison inmates, will provide the music. Churches wait three years to schedule this group and you can hear them now!

The cost is \$15 per person. All funds raised go to support the New Life Center, a multipurpose religious-educational building on the grounds of the Buncombe Correctional Center (BCC).

This chapel will provide for the transitional needs of inmates about to be released—to reduce recidivism. The 182 inmates at BCC are within 5 years of release or parole.

Please RSVP to 828-290-8931 by Sunday, September 12, so we'll be sure to have plenty of food for all!

## Parish Nurse / Older Adult Ministry

### How Are Your Blood Pressure Readings?

There will be blood pressure screening on Sunday, September 12, from 9:30-10:45 am in the Senior Resource Center which is located behind the Reception Desk.

Elevated blood pressure raises your heart disease risk plus can affect your eyes, and kidneys. So Remember:

- Normal blood pressure is less than 120/80
- Pre-Hypertension is 120-139/80-89
- Stage 1 Hypertension is 140-159/90-99
- Stage 2 Hypertension is 160 and higher/100 and higher



## United Methodist Women

### United Methodist Women Conference Annual Meeting will be held September 10-12

The United Methodist Women Conference Annual Meeting will be held September 10-12 at Lake Junaluska. The theme is "Faith, Hope, Love in Action." Come for the entire time or for a day. Your life will be enriched.

The **Martha Circle** will meet at 7:00 pm on Thursday, September 9, at the home of Alexandra Holland. Please contact Alexandra ([alexandra@wncnature.com](mailto:alexandra@wncnature.com) or 280-1470) for more information.

The **Ruth Circle** will meet at 10:00 am on Monday, September 13, at the church. This will be a "working meeting" so please bring a sandwich so that we can work through lunch, if necessary. We will be polishing silver and hope that everyone can come.

The **Sarah Circle** will meet at 10:00 am on Tuesday, September 21, at the home of Agnes Johnson. Pat Richardson of Brooks-Howell will share about mission work in Argentina.

The **Rebekah Circle** will meet at 10:00 am on Tuesday, September 21, at the home of Barbara Mayer, 119 Beaver Ridge Road, with Evelyn Hawkins as co-hostess. We look forward to meeting together again.

The **Lydia Circle** includes young, professional Christian women who are sharing their faith journey through community service, devotion, mission outreach, prayer, and fellowship. We meet once a month for dinner and our meeting, which will have varying content. There are no set meeting dates—we pick the next date at our meeting, so contact Diane Robinson for meeting info if you are interested in becoming acquainted with the Lydia women. You can reach her via email at [dianetrobinson@gmail.com](mailto:dianetrobinson@gmail.com) or by phone 989-8097.

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## Sympathy

Our sympathy and prayers are with Mary Ann Wansong and her family on the death of her father, Harvey B. Edwards, 91, who died August 7 in Wilson, NC.

## Memorial Gifts

In memory of William Collin for the Foundation Fund by:

Marsha Lockwood

In memory of Dorothy Hussey by:

Phil and Pat Smith

## Honor Gift

In honor of Bob and Shirl McDonald's 50th wedding anniversary for the Music Department by:

Melvin and Betty Jo Kannady

## How to contact our Central Staff

Church phone (828) 253-3316

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Joe Edmonds, Building Care

Hayes Brown, Building Care

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Katy Kear, Volunteer Coordinator, [haywooddisciple@gmail.com](mailto:haywooddisciple@gmail.com) or 242-8472

